

Lassen Community College Course Outline

HO – 151 Nurse Assistant Clinical

0.0 Units

I. Catalog Description

This course will provide hands on clinical skills training required for Nurse Assistant certification in the state of California. Areas covered in the clinical setting will include role responsibilities, communications, infection control, safety and emergency procedures, personal care and the patient environment, nutrition and feeding, elimination needs, vital signs, charting and reporting, modified care for special needs, restorative nursing, and abuse prevention and reporting. Students must complete all course hours and must achieve a 75% on their final class grade and must achieve a final skills exam grade of 75% or better to be eligible to take the California Nursing Assistant certification exam. This course includes a 100 hour clinical rotation, all clinical compliance requirements must be met prior to enrolment as set by the clinical facility. Student must hold a current Basic Life Support CPR certification and pass a criminal background check. Background check and uniform fee of \$100 will be collected at registration.

Diversity Statement

Our commitment to diversity requires that we strive to eliminate barriers to equity and that we act deliberately to create a safe and inclusive environment where individual and group differences are valued and leveraged for the growth and understanding as an educational community.

Corequisite(s): HO- 150 Nurse Assistant Clinical

Additional Course Information

Transfer Status:

- NT

Total Number of Hours by Instructional Method:

- 100 Hours Clinical / Lab

Scheduled:

- Spring

II. Coding Information

Repeatability: Not Repeatable

Grading Option: Pass/No Pass

Credit Type: Non-Credit

TOP Code: 123030

III. Course Objectives

A. Course Student Learning Outcomes

Upon completion of this course the student will be able to:

1. Demonstrate skills of a certified nursing assistants' role in accordance with scope of practice.

B. Course Objectives

Upon completion of this course the student will be able to:

1. Demonstrate understanding of California Nurse Assistant certification requirements including understanding of roles and responsibilities.
2. Demonstrate understanding of patients' rights.
3. Demonstrate interpersonal skills.
4. Demonstrate prevention and management of catastrophe and unusual occurrences.
5. Demonstrate good body mechanics.
6. Demonstrate medical and surgical asepsis and infection control.
7. Demonstrate proper weights and measures.
8. Demonstrate patient care skills.
9. Demonstrate patient care procedures.
10. Demonstrate vital signs.
11. Demonstrate understanding of nutrition.
12. Demonstrate response to emergency procedures.
13. Demonstrate understanding of the long-term care patient.
14. Demonstrate rehabilitative nursing.
15. Demonstrate observation and charting.
16. Demonstrate abuse prevention and reporting.

IV. Course Content

A. Perform following skills safely in the clinical setting:

1. Making an Unoccupied Bed
2. Making an Occupied Bed
3. Hand Hygiene With Soap and Water
4. Hand Hygiene With Alcohol-Based Hand Sanitizer
5. Removing Gloves
6. Donning/Doffing PPE Without a Mask
7. Donning/Doffing PPE With a Mask and Face Shield or Goggles
8. Assistance With Toileting
9. Partial Bath
10. Full Bed Bath
11. Shower
12. Tub Bath
13. Shampoo
14. Foot Care
15. Nail Care
16. Skin Care
17. Back Rub
18. Perineal Care (Female)
19. Perineal Care (Male)

20. Oral Care
21. Denture Care
22. Preparing Clients for Meals and Assisting With Feeding
23. Choking Maneuver
24. Catheter Care
25. Emptying Catheter Drainage Bag
26. Assisting With a Bedpan
27. Assisting With a Urinal
28. Changing Incontinence Brief
29. Dressing A Client Who Needs Total Assistance
30. Shaving With an Electric Razor
31. Oral, Tympanic, Axillary, Rectal and Temporal Temperatures
32. Pulse
33. Respirations
34. Blood Pressure
35. Measuring Height for Ambulatory Residents
36. Measuring Weight for Ambulatory Residents
37. Positioning Supine to Lateral (Side-Lying)
38. Transfer From Bed to Chair With a Gait Belt
39. Transfer From Bed to Chair With Sit-to-Stand
40. Transfer From Bed to Chair With Mechanical Lift
41. Ambulation From Wheelchair
42. Fall Prevention
43. Range of Motion (ROM) Exercises for the Shoulder
44. Range of Motion (ROM) for the Hip and Knee
45. Application of Compression Stockings (TED Hose)

V. Assignments

- A. Appropriate Readings
 1. Client Charts, Manuals
- B. Writing Assignments
 1. Client Charting, Documentation, Clinical Reflections
- C. Expected Outside Assignments
 1. None
- D. Specific Assignments that Demonstrate Critical Thinking
 1. Skill Check Lists, Hands on Client Care

VI. Methods of Evaluation

Traditional Evaluation

Term paper (topic choice, thesis statement, outline, bibliography, rough draft, final draft), homework, classroom discussion, essay, journals, lab demonstrations and activities, multiple choice quizzes, and participation.

VII. Methods of Delivery

Check those delivery methods for which this course has been separately approved by the Curriculum/Academic Standards Committee.

- Traditional Classroom Delivery
- Correspondence Delivery
- Hybrid Delivery
- Online Delivery

Traditional Classroom Delivery

Lecture, discussion, audio/visual aids, demonstration, group exercises, guest speakers, lab, individualized programs and other as needed.

VIII. Representative Texts and Supplies

This course uses digital course materials designed using Open Educational Resources (OER), high-quality, open licensed educational materials, rather than a traditional textbook. You can access all readings, videos, quizzes and other activities through the digital learning platform adopted by the college.

Sandquist Reuter, Myra, MA, BSN, RN, Edition, *Nursing Assistant*. Chippewa Valley Technical College. <https://wtcs.pressbooks.pub/nurseassist/>

IX. Course Status

1. Current Status: Active
2. Original Approval Date: 3/5/2024
3. Course Originator: Christi Myers
4. Board Approval Date: 4/9/2024
5. Chancellor's Office Approval Date:
6. Revised By:
7. Curriculum/Academic Standards Committee Revision Date: