

Lassen Community College Course Outline

NURS 7 Clinical Practice II

3 Units

I. Catalog Description

The course enhances integration and development of caring behaviors throughout the use of the nursing process, evidence-based practice, and critical thinking skills. The student focuses on providing safe, quality, patient-centered care to the caring for maternal, newborn, and pediatric, young, middle and older adult patient experiencing pathophysiological alterations requiring medical and/or surgical interventions. Learning experiences integrate all prerequisite courses, pharmacologic concepts, physical assessment skills, and data analysis. Cultural, legal, and ethical aspects of care are reinforced throughout. Clinical learning experiences are provided in both medical and surgical areas to assist the student in meeting course objectives. Community resources are utilized to enhance learning of course concepts. The State of California requires that this course maintain an instructor-to-student ratio of 1/10. This course includes integrated medical/surgical, maternal, and child concepts with 45 clinical hours spent implementing a variety of nursing skills providing hands on care of general medical surgical populations, 54 clinical hours spent implementing a variety of nursing skills providing hands on care of maternal populations and 54 clinical hours spent implementing a variety of nursing skills providing hands on care of pediatric populations. This is a web-enhanced course; computer and internet access are required. Students must complete all course hours and assignments as required. Students must receive 75% on their final as well as in the course to remain in the nursing program. NURS 7 is offered as a concurrent course with NURS 5, NURS 6, and NURS 8 during the second semester of the program. A course grade of D or below will result in failure in all concurrent courses. Students must be accepted into the Lassen Community College Registered Nursing Program.

Diversity statement

Our commitment to diversity requires that we strive to eliminate barriers to equity and that we act deliberately to create a safe and inclusive environment where individual and group differences are valued and leveraged for the growth and understanding as an educational community.

Prerequisites:

Prerequisite(s): Acceptance to the Lassen Registered Nurse Program; Pharmacology (NURS 1), Medical Surgical I (NURS 2) Clinical Practice I (NURS 3), Nursing Lab I (NURS 4), all completed with a grade of C or better.

Corequisite(s): Medical Surgical II (NURS 5), Introduction to Maternal Child (NURS 6), Nursing Lab II (NURS 8).

Transfer Status: CSU

153 Hours of Clinical: 153 Total Hours of Student Learning

Scheduled: Spring

II. Coding Information

Repeatability: Non-repeatable

Grading Option: Graded

Credit Type: Credit - Degree Applicable/Credit

TOP Code: 1230.10

III. Course Objectives

A. Course Student Learning Outcomes

Upon completion of this course the student will be able to:

1. Coordinate safe, effective, efficient, culturally sensitive nursing care to patients in the medical surgical setting.
2. Establish knowledge of the purpose and rationale of intervention including procedures, diagnostic tests, and medications.
3. Manage own learning process in the clinical setting to develop a plan of action for safe practice.

B. Course Objectives

Upon completion of this course the student will be able to:

1. Formulate a holistic comprehensive plan of care for acute and chronic patients utilizing the nursing process, principles of health promotion, illness prevention, patient teaching and end of life care for patients throughout their lifespan.
2. Identify health promotion, risk management, and disease prevention protocols for commonly encountered problems.

IV. Course Content

A. Outline of Topics

1. Nursing safety standards
2. Activity
3. Nutrition
4. Medications
5. Skin Integrity and wound care
6. Comfort and pain management
7. Urinary elimination
8. Bowel elimination
9. Oxygenation
10. Neurological care
11. Management of Intravenous Lines and Infusions
12. Maternal Health History
13. Physical Assessment on Maternal Women
14. Palpate for fetal movement
15. Palpate for uterine contractions
16. Fundal Height
17. Four Stages of Labor
18. Health Assessment of Newborns and Infant
19. Physical Assessment of Newborns and Infants
20. Newborn Reflexes
21. Principles of growth and development

B. Link to Nursing Practice

1. Management of Care
 - a. Integrate advance directives into client plan of care
 - b. Delegate and supervise care of client provided by others (e.g., LPN/VN, assistive personnel, other RNs)
 - c. Organize workload to manage time effectively
 - d. Practice and advocate for cost effective care Initiate, evaluate and update client plan of care
 - e. Provide education to clients and staff about client rights and responsibilities
 - f. Advocate for client rights and needs
 - g. Collaborate with multi-disciplinary team members when providing client care (e.g., physical therapist, nutritionist, social worker)
 - h. Manage conflict among clients and health care staff
 - i. Maintain client confidentiality and privacy Provide and receive hand off of care (report) on assigned clients Use approved terminology when documenting care
 - j. Perform procedures necessary to safely admit, transfer and/or discharge a client
 - k. Prioritize the delivery of client care based on acuity
 - l. Recognize and report ethical dilemmas
 - m. Practice in a manner consistent with the nurses' code of ethics
 - n. Verify the client receives education and client consents for care and procedures
 - o. Receive, verify and implement health care provider orders
 - p. Utilize resources to promote quality client care (e.g., evidence-based research, information technology, policies and procedures)
 - q. Recognize limitations of self and others and utilize resources
 - r. Report client conditions as required by law (e.g., abuse/neglect and communicable diseases) Provide care within the legal scope of practice
 - s. Participate in performance improvement projects and quality improvement processes
 - t. Assess the need for referrals and obtain necessary orders
2. Safety and Infection Control
 - a. Continue practice of all concepts taught in NURS 2.
3. Health Promotion and Maintenance
 - a. Provide care and education for the newborn, infant, and toddler client from birth through 2 years
 - b. Provide care and education for the preschool, school age and adolescent client ages 3 through 17 years
 - c. Provide prenatal care and education Provide care and education to an antepartum client or a client in labor
 - d. Provide post-partum care and education
 - e. Assess and educate clients about health risks based on family, population, and community
 - f. Assess client's readiness to learn, learning preferences, and barriers to learning
 - g. Plan and/or participate in community health education
 - h. Educate client about preventative care and health maintenance recommendations
 - i. Provide resources to minimize communication barriers

- j. Perform targeted screening assessments (e.g., vision, nutrition, depression)
 - k. Educate client about prevention and treatment of high risk health behaviors
 - l. Assess client ability to manage care in home environment and plan care accordingly
 - m. Perform comprehensive health assessments
- 4. Psychosocial Integrity
 - a. Concepts covered in general, covered in NURS 9 and NURS 13.
- 5. Basic Care and Comfort
 - a. Continue practice of all concepts taught in NURS 2.
- 6. Pharmacological and Parenteral Therapies
 - a. Continue practice of all concepts taught in NURS 2.
- 7. Reduction of Risk Potential
 - a. Continue practice of all concepts taught in NURS 2 with the additions of the following:
 - b. Insert, maintain, or remove a nasal/oral gastrointestinal tube
 - c. Insert, maintain, or remove a urinary catheter
 - d. Evaluate client responses to procedures and treatments
 - e. Recognize trends and changes in client condition and intervene as needed
 - f. Perform focused assessments
 - g. Educate client about treatments and procedures
- 8. Physiological Adaptation
 - a. Concepts covered in general, covered in NURS 9 and NURS 13.

V. Assignments

A. Appropriate Readings

Instructor handouts

B. Writing Assignments

- Handwritten drug cards
- Written Clinical Reflections

C. Expected Outside Assignments

- Documentation
- Clinical Reflection

Specific Assignments that Demonstrate Critical Thinking

- Handwritten drug cards
- Clinical Reflection
- Documentation

VI. Methods of Evaluation

- Participation
- Written care plan
- Handwritten drug cards
- Documentation
- Clinical Reflection
- Comprehensive skills assessment at clinical site

VII. Methods of Delivery

Check those delivery methods for which this course has been separately approved by the Curriculum/Academic Standards Committee.

X	Traditional Classroom Delivery		Correspondence Delivery
	Hybrid Delivery		Online Delivery

Traditional Classroom Delivery

Lecture, discussion, audio/visual aids, demonstration, group exercises, guest speakers, lab, individualized programs and other as needed.

VIII. Representative Texts and Supplies

Required

Craig, G. P. (2020). *Clinical calculations made easy* (7th ed.). Wolters Kluwer. ISBN: 9781975103736

Fischbach, F. T., Fischbach, M. A., & Stout, K. (2021). *Fischbach's A manual of laboratory and diagnostic tests* (11th ed.). Philadelphia, PA: Lippincott Williams & Wilkins. ISBN: 978-1975173425

Karch, A. M. (2020). *Focus on nursing pharmacology* (8th ed.). Wolters Kluwer. ISBN: 978-1-9751-0096-4

- CoursePoint access required

Hinkle, J. L., Cheever, K. H., & Overbaugh, K. J. (2022). *Brunner & Suddarth's textbook of medical-surgical nursing* (15th ed.). Wolters Kluwer. ISBN: 978-1-9751-6103-3

- CoursePoint access required

Lynn, P. (2019). *Taylor's clinical nursing skills: A nursing process approach* (5th ed.). Wolters Kluwer. ISBN: 9781496384881

- CoursePoint access required

Weber, R., Kelley, J. (2022). *Health Assessment in Nursing* (7th ed.). Wolters Kluwer. ISBN: 978-1-9751-6115-6

- CoursePoint access required

Vallerand, A.H., & Sanoski, C.A. (2023). *Davis's drug guide for nurses* (18th ed.). F.A. Davis. ISBN: 978-1719646406

Required Uniform & Supplies Included in Lab Fee in RN (Fee collected in NURS 3)

1. Lassen Community College Nursing Uniforms
2. Nursing Kit
 - i. Nursing Pocket Pack
 - ii. Medical Scissors
 - iii. Pen Light
 - iv. Stethoscope
3. Liability Insurance

Required Uniform & Supplies NOT Included in Lab Fee

1. Non-slip cleanable nursing shoes (White)
2. Analog watch with second hand (no digital)
3. 2-inch binder with 24 dividers

IX. Discipline/s Assignment

Nursing

X. Course Status

Current Status: Active

Original Approval Date: 10/04/2022

Course Originator:

Board Approval Date: 11/08/2022

Chancellor's Office Approval Date: 12/07/2022

Revised By: Heidi Gray, Christi Myers, Celeste Wisner

Curriculum/Academic Standards Committee Revision Date: 10/3/2023