

Lassen Community College Course Outline

NURS 6 Introduction to Maternal Child

2 Units

I. Catalog Description

This course builds on the concepts of previous nursing courses with emphasis on utilizing the nursing process in caring for maternity, newborn, and pediatric health. Students will explore the concepts of health promotion, disease prevention, and alterations in health related to maternal child health. Emphasis is on holistic care of childbearing families. Management and planning of the nursing process will include concepts from a variety of culturally diverse settings to include nursing in the community. This course includes integrated maternal child concepts with 17 hours of instruction on obstetric populations and 17 hours of instruction on pediatric populations. This is a web-enhanced course; computer and internet access are required. Students must complete all course hours and assignments as required. Students must receive 75% on their final as well as in the course to remain in the nursing program. NURS 6 is offered as a concurrent course with NURS 5, NURS 7, and NURS 8 during the second semester of the program. A course grade of D or below will result in failure in all concurrent courses. Students must be accepted into the Lassen Community College Registered Nursing Program.

Diversity statement

Our commitment to diversity requires that we strive to eliminate barriers to equity and that we act deliberately to create a safe and inclusive environment where individual and group differences are valued and leveraged for the growth and understanding as an educational community.

Prerequisites:

Prerequisite(s): Pharmacology (NURS 1), Medical Surgical I (NURS 2) Clinical Practice I (NURS 3), Nursing Lab I (NURS 4), all completed with a grade of C or better.

Corequisite(s): Medical Surgical II (NURS 5), Clinical Practice II (NURS 7), Nursing Lab II (NURS 8).

Transfer Status: CSU

34 Hours Lecture, 68 Hours Out-Of-Class: 102 Total Student Learning Hours

Scheduled: Spring

II. Coding Information

Repeatability: Non-repeatable

Grading Option: Graded

Credit Type: Credit - Degree Applicable/Credit

TOP Code: 1230.10

III. Course Objectives

A. Course Student Learning Outcomes

Upon completion of this course the student will be able to:

1. Describe normal and abnormal physiological and psychological changes that occur during each period of the childbearing cycle and newborn period.
2. Articulate the role of the nurse and the use of standards to monitor patient/family care.
3. Discuss caring in relation to nursing of the childbearing family and newborn.

B. Course Objectives

Upon completion of this course the student will be able to:

1. Integrate, correlate, and apply scientific theory in the care of maternity and newborn patients that meet the standards of nursing practice.
2. Demonstrate the ability to perform a nursing assessment on a maternity and newborn patient safely and in a timely manner, explaining rationales for performing specific components of the assessment.

IV. Course Content

A. Outline of Topics

1. Maternal and Child Health nursing practice
 - a. Framework for maternal and child health nursing
 - b. Diversity and inclusion of maternal child nursing
2. The nursing role of preparing families for childbearing and childrearing
 - c. Nursing role in reproductive and sexual health
 - d. Nursing care for the family in need of reproductive life planning
3. The nursing role in caring for families during normal pregnancy, birth, the postpartum and the newborn periods
 - e. Nursing care during normal pregnancy
 - f. Nursing care related to assessment of a pregnant family
 - g. Nursing care to promote fetal and maternal health
 - h. Nutrition during pregnancy
 - i. Nursing care of family during labor and birth
 - j. Nursing care of a postpartal family
 - k. Nursing care of a family with a newborn
4. The nursing role in health promotion for childrearing family
 - l. Principles of growth and development
 - m. Child health assessment
 - n. Communication and teaching with children and families
 - o. Abuse reporting and prevention
 - p. Human Sexuality

B. Link to Nursing Practice

1. Management of Care
 - a. Continue practice of all concepts taught in NURS 5.
2. Safety and Infection Control
 - a. Continue practice of all concepts taught in NURS 2.
3. Health Promotion and Maintenance
 - a. Provide care and education for the newborn, infant, and toddler client from birth through 2 years
 - b. Provide care and education for the preschool, school age and adolescent client ages 3 through 17 years
 - c. Provide prenatal care and education Provide care and education to an antepartum client or a client in labor

- d. Provide post-partum care and education
 - e. Assess and educate clients about health risks based on family, population, and community
 - f. Assess client's readiness to learn, learning preferences, and barriers to learning
 - g. Plan and/or participate in community health education
 - h. Educate client about preventative care and health maintenance recommendations
 - i. Provide resources to minimize communication barriers
 - j. Perform targeted screening assessments (e.g., vision, nutrition, depression)
 - k. Educate client about prevention and treatment of high risk health behaviors
 - l. Assess client ability to manage care in home environment and plan care accordingly
 - m. Perform comprehensive health assessments
4. Psychosocial Integrity
 - a. Concepts covered in general, covered in NURS 9 and NURS 13.
 5. Basic Care and Comfort
 - a. Continue practice of all concepts taught in NURS 2.
 6. Pharmacological and Parenteral Therapies
 - a. Continue practice of all concepts taught in NURS 2.
 7. Reduction of Risk Potential
 - a. Continue practice of all concepts taught in NURS 2 and NURS 5.
 8. Physiological Adaptation
 - a. Concepts covered in general, covered in NURS 9 and NURS 13.

V. Assignments

A. Appropriate Readings

- Nursing Journals
- Case Studies
- Instructor Handouts

B. Writing Assignments

- Handwritten drug cards
- Written essay

C. Expected Outside Assignments

- Mastery level of 5 on the CoursePoint
- Group Projects
- Students will be required to complete two hours of outside-of-class homework for each hour of lecture.

Specific Assignments that Demonstrate Critical Thinking

- Handwritten drug cards
- Case Studies
- VSIM Maternal Child
- Mastery level of 5 on the CoursePoint

VI. Methods of Evaluation

- Participation
- Written essay
- Handwritten drug cards
- Mastery level 5 on the CoursePoint
- VSIM Maternal Child
- Midterm
- Final with a grade of 75% or above

VII. Methods of Delivery

Check those delivery methods for which this course has been separately approved by the Curriculum/Academic Standards Committee.

X	Traditional Classroom Delivery		Correspondence Delivery
	Hybrid Delivery		Online Delivery

Traditional Classroom Delivery

Lecture, discussion, audio/visual aids, demonstration, group exercises, guest speakers, lab, individualized programs and other as needed.

VIII. Representative Texts and Supplies

Required

Fischbach, F. T., Fischbach, M. A., & Stout, K. (2021). *Fischbach's A manual of laboratory and diagnostic tests* (11th ed.). Philadelphia, PA: Lippincott Williams & Wilkins. ISBN: 978-1975173425

Silbert-Flagg, J. (2023). *Maternal & child health nursing; Care of the childbearing & childrearing family* (9th ed.). Wolters Kluwer. ISBN: 9781975161088. - Access to CoursePoint required

Weber, J.R. & Kelley, J.H. (2022). *Health assessment in nursing* (7th ed.). Wolters Kluwer. ISBN: 978-1-9751-6115-6. - Access to CoursePoint required

Vallerand, A.H., & Sanoski, C.A. (2023). *Davis's drug guide for nurses* (18th ed.). F.A. Davis. ISBN: 978-1719646406

Recommended

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). American Psychological Association. ISBN: 978-1-4338-3215-4.

IX. Discipline/s Assignment

Nursing

X. Course Status

Current Status: Active

Original Approval Date: 10/04/2022

Course Originator:

Board Approval Date: 11/08/2022

Chancellor's Office Approval Date: 12/07/2022

Revised By: Heidi Gray, Christi Myers, Celeste Wisner

Curriculum/Academic Standards Committee Revision Date: 10/3/2023