2022 Department of Athletics IPR

LASSEN COMMUNITY COLLEGE

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SECTION 1: ACADEMIC PLANNING

I. . Program Overview, Objectives, and Student Learning Outcomes

The department of athletics instructs intercollegiate sport classes also administers intercollegiate sports for Lassen Community College.

Lassen Community College Athletic Department has a rich athletic tradition spanning more than eight decades. Student Athletes compete in 10 sports in multiple conferences as seen in Table 1.1. As a result, the athletics department must comply with multiple organization's rules. Each program is made up of a diverse group of student athletes from all over the country and all over the world with the intention of using their sport as a vehicle to open up academic and future professional opportunities.

Each athletic program uses their sport to promote the college and its mission. Athletics is a great way to not only increase enrollment but retain students each year. Over the past seven years, the athletic department is bringing in on

Table 1.1 Sport by Conference

Gender	Sport	Conference
	Basketball	Golden Valley
	Rodeo	NIRA
Female	Soccer	Golden Valley
	Softball	Golden Valley
	Volleyball	Golden Valley
	*Cross Country	Uncertain
	*Track	Uncertain
	*Sand Volleyball	Uncertain
	*Wrestling	Uncertain
	Baseball	Golden Valley
	Basketball	Golden Valley
	Rodeo	NIRA
Male	Soccer	Golden Valley
	Wrestling	Big 8
	*Track	Uncertain
	*Cross Country	Uncertain
*Proposed add	ition	

averaging around 150 students each year. Each of these students in order to be eligible to participate in competitive games must be enrolled as a full time student and maintain at least a 2.0 GPA. This almost ensures that these 150 students are full time and are motivated and incentivized to do well and stay at Lassen College in order to graduate and transfer to continue their athletic careers.

Adding additional sports such as Women's Wrestling, Cross Country, Sand Volleyball and track will open doors for more prospective students to discover and become part of Lassen Community College.

Women's Basketball:

The program is part of the Golden Valley Conference and has tabulated 10 conference

championships, five State Final Eight appearances, and two State Championships. The program has averaged 11 players on the roster per year and over the past seven years the program has brought in student athletes from six different states and two different countries including the USA.

Women's Rodeo:

The program is part of National Intercollegiate Rodeo Association and averages around nine players a year on its roster. Over the past seven years they have had one West Coast Region Barrel Racer champ, one Breakaway champ, one goat Tie Champ, and four finalist of Horse of the Year. Also over that time the program has brought in student athletes from three different states.

Women's Soccer:

The program is part of the Golden Valley Conference and has tabulated 6 conference championships, and two State Final Four appearances. The program has averaged over 17 student-athletes on the roster per year and over the past seven years the program has brought in student athletes from four different states and nine different countries including the USA.

Women's Softball:

The program is part of the Golden Valley Conference. The program has averaged around 13 student-athletes on the roster per year and over the past seven years the program has brought in student athletes from eight different states and two different countries including the USA.

Women's Volleyball:

The program is part of the Golden Valley Conference. The program has averaged around 11 student-athletes on the roster per year and over the past seven years the program has brought in student athletes from six different states.

Men's Baseball:

The program is part of the Golden Valley Conference and has tabulated 11 conference championships, seven Northern California Regional Appearances, and two California Community College World Series State appearances. The program has averaged 31 student-athletes on the roster per year and over the past seven years the program has brought in student athletes from 18 different states and three different countries including the USA.

Men's Basketball:

The program is part of the Golden Valley Conference and has tabulated 11 conference championships, and three State Final Eight appearances. The program has averaged around 14 student-athletes on the roster per year and over the past seven years the program has brought in student athletes from 16 different states and seven different countries including the USA.

Men's Rodeo:

The program is part of National Intercollegiate Rodeo Association and averages around eight players a year on its roster. Over the past seven years they have had one West Coast Region Steer Wrestling Champ, two Bull Riding Champs and have been finalist for horse of the year four times. Also over the past seven years the program has brought in student athletes from four different states.

Men's Soccer:

The program is part of the Golden Valley Conference and has tabulated 6 conference championships. The program has averaged around 26 student-athletes on the roster per year and over the past seven years the program has brought in student athletes from three different states and 19 different countries including the USA.

Men's Wrestling:

The program is part of the Big 8 Conference and has tabulated two conference championships, nine Golden Valley Conference championship, seven State Championships and four National Championships. The program has averaged around 14 student-athletes on the roster per year and over the past seven years the program has brought in student athletes from 10 different states.

- A. The following objectives have been identified for the physical education and athletics program:
 - Maintain a high level of academic integrity throughout the physical education and athletics division.
 - Increase opportunities for student success through individual attention and instruction.
 - Provide a wide base of physical education and athletic knowledge, evident through degree and certificate options, for students interested in employment, advancement, or further study in the field of physical education or athletics.
 - Maintain current knowledge of trends in physical education and athletics through faculty attendance at relevant clinics and conventions.
 - Strive to provide the coaching personnel, competitive schedule, budget and equipment necessary to pursue league championships in every competitive sport offered in the athletic program.

The mission of the Lassen College Athletic Program is to create an innovative, challenging, and supportive learning environment for our student athletes, where all participants act as role models in athletic sportsmanship and academic achievement. Our student athletes will aspire to:

- Personal and collaborative excellence,
- Full academic and athletic potential,
- Opportunities for physical, social, and cultural development and lifelong fitness and wellness.
 - The development of values that foster leadership, self-discipline, teamwork,

communication, critical thinking, personal and civic responsibility, integrity, dignity, and lifelong learning.

Furthermore, our mission is to become known as a leader among community college athletic programs offering broad based, equitable, Title IX compliant student-centered programming committed to the guidelines and bylaws of the CCCAA Golden Valley Conference, Big 8 Conference and the NIRA.

This mission and the objectives aligns with the mission and strategic goals of the college which is to provide a wide range of educational opportunities for a diverse group of students while focusing on the areas of institutional effectiveness, learning opportunities, resource management and student success. The coaching staff of each program strives to create an inclusive learning environment while providing the proper rigorous training needed to succeed at the college level.

Each program has resources that they need to account for, anything from equipment so supply budges all in the name of providing an environment for student success.

B. Success for students in athletics is more than just wins and impressive statistics. Success for athletics is the impact left on the community, the college itself along with the transfer opportunities that arise from their participation in Lassen College Athletics. Athletics, like the college, use the platform given to provide students the tools and wisdom to transfer on and succeed far beyond athletics.

The Physical Education program at Lassen College has the following student learning outcomes with the corresponding institutional student learning outcome noted in parentheses:

Connection to Program Level Student Learning Outcomes **Institutional Student Learning** Outcomes 1. Communication: For each respective athletic program, it is essential for there to Ability to listen and read with be excellent communication and comprehension between comprehension and the player and coach and player with fellow player. Players must ability to write and speak be able to comprehend the fundamental skills being taught to effectively them along with what every tactical strategies are being implemented for competition. The comprehension of game day strategies leads to collaboration between teammates and coaching staff during competition. Communication between team members leads to better performance, execution during play and team chemistry. These traits that are instilled to the student athletes during athletics are then used later on in their class work, relationships and future employment. 2. Critical Thinking: Each respective athletic program teaches critical thinking in Ability to analyze a situation, the context of competition and team play. Each student-athlete identify and research a problem, will find themselves in life gameplay/competition where they propose a solution or desired will need to utilize what they have been taught in previous outcome, implement a plan to days. Being able to identify the problem and come up with the address the problem, evaluate proper solution happens on each play during competition. progress and adjust the plan as Coaches create scenarios drills and scrimmages in appropriate to arrive at the class/practice to help facilitate this learning. solution or desired outcome Through daily participation in varsity athletics lifelong 3. Life Long Learning: Ability to engage in learning is constantly occurring. Having to work with others, being part of something bigger than just oneself, and having independent acquisition of healthy lifestyle habits are all reinforced with each athletic knowledge; ability to access sport. Each student athlete is part of a team and program, they information including use of must not only work with each other and travel with each other, current technology; they must learn to work with one another in order to achieve ability to use the internet team success. This is never more recognizable than studentand/or library to access and athletes competing with one another in daily class/practice. analyze information for The phrase "iron sharpens iron," is fitting when describing relevance and how teammates pushing one another is how real improvement accuracy; ability to navigate systems Fitness is also a major part of what is taught, either by lecture or by the way class/practice is designed. Along with the technical and tactical teaching, physical fitness is also an essential teaching point. It increases the performance capacity

of each student athletes along with preventing possible

injuries or other health issues. These lessons can be taken with them long after they are done playing organized athletics.

4. Personal/Interpersonal Responsibility

Ability to develop and apply strategies to set realistic goals for personal, educational, career, and community development; ability to apply standards of personal and professional integrity; ability to cooperate with others in a collaborative environment for accomplishment of goals; ability to interact successfully with other cultures

Ethics and integrity are cornerstones to the athletic programs. Each program itself must stay within ethical standards put force by their respective governing bodies. Sportsmanship, fair play, decorum are all emitted in each program. They are taught and enforced by each coach along with the department. Professional decorum and integrity are expected by both student-athlete and coach during competition with how they carry themselves along with interactions with officials. Both student-athlete and coach try to lead by example to each other along with the community members who might be attending competition.

These traits not only contribute to a healthy culture in athletics but also gives the student-athletes the understanding of the important of ethical behavior in whatever educational and professional work environment they end up in.

The Athletic department also has the following administrative unit outcomes with the corresponding institutional student learning outcome noted in parentheses:

- 1. Ensure the game statistics are reported by the deadline set by the CCCAA (ISLO 2).
- 2. Maintain the athletics web page with accurate and up-to-date information (ISLO 1,2).
- 3. Ensure all materials are completed and turned in prior to team travel and events (ISLO2,4).
- C. Evaluate any changes in the program since last review. Include summary of Annual Updates completed since last review. Regular program assessment will drive program improvements.

Since the last program review, completed in 2014, many challenges in the athletics program have precipitated including: staff turnover, restructuring, reduced funding, new compliance

items developed by the CCCCA, changes to interpretation of Title IX compliance, and new credit course repeatability laws. Repeatability has continued to be limited by Title V changes, and curriculum revision occurred with intercollegiate athletics courses in order to comply with new regulations established by CCC Commission on Athletics.

In general, the athletics department has been able to navigate these changes but it has not been without challenge. Luckily, there has been some abatement of the fiscal challenges facing California Community Colleges.

Successes of the department are reflected by many student athletes being recognized as all-conference performers at Lassen College. In addition Lassen College athletes have been nominated to the all-Northern California team as well as all-state selections along with graduating and placing at four year institutions. Coaches have also won honors such as coach of the year.

D. Analyze program-related promotional materials/advertising as appropriate

Advertising and promoting are essential for the athletic programs in terms of community engagement and recruiting. What is advertised and promoted for athletics are schedules, upcoming games, game outcomes, stats, game recaps, film highlights, fundraising sales and reporting on student athlete and program achievements.

This is done though department social media (began in 2017) such as the Lassen Community College Athletics Facebook, Instagram and Twitter pages along with the LassenAthletics.com web page. The web page athletics has is showcased as part of the college's website, but it is its own entity. It was purchased by the department 2016 and the coaches are responsible for majority of the content. The website is essential for outreach and recruiting prospective student athletes.

To go alone with what the department as a whole does for promotion and advertising, some of the individual programs have their own social media. These include the Lassen College Men's Basketball Facebook page and the Lassen College Baseball Facebook page. Other programs are encouraged to have their own on top of the departments, but it has been difficult to keep them up and running due to consistent staff turnover in some of the programs.

Planning Agenda:

- 1. Explore adding Women's Wrestling, Cross Country, Track and Sand Volleyball.
- 2. Hold an "all athletics meetings" at least once a term to discuss athletic program issues and coordinate plans for action.
- 3. Request that the institutional Effectiveness Office regularly (once a term) provide data that disaggregates athletes" achievement from the general student population.
- 4. Provide an annual update to the board on the impact of athletics on Lassen College.

- 5. Continue to look for ways to expand the Lassen College Athletics social media presence.
- 6. Look to keep the Lassen Athletics webpage up to date.
- Explore using a streaming service that will record games and stream them online
 for current student-athletes family to watch along with prospective student
 athletes.

II Student Outcomes

A. Trends and Patterns in Student Outcomes

Tables 1.2-1.6 illustrate retention and success data for courses in the athletics program during the last three years.

Overall, retention and success in athletics-related physical education classes is good. Most of the student athletes are motivated to continue in their athletics courses as it is a significant factor in their decision to attend Lassen College. Those students who drop out of their athletics courses usually decide to drop out of all their academic courses as well and leave altogether. However, most programs will and do have high retention due to the student's desire to play and transfer being an incentive to come back for a second year.

Other measurements of success for theses athletic programs is the placement of their student

athletes at the four year level. Over the past seven years, the eight traditional programs (excluding men's and women's rodeo) have placed approximately 116 student-athletes at the four year level. The number is an estimate because other than the baseball and men's basketball programs, no other program has kept records and with the turnover in coaches over the past seven years, some data has been lost.

The 2020 year provides interesting data because only Baseball and Men's and

Course ID Course Title AGR-21B Men's & Women's Rodeo Men's Varsity Soccer PEAC-2A PEAC-2C Women's Varsity Soccer PEAC-5A Men's Varsity Basketball (Fall) Men's Varsity Basketball (Spring) PEAC-5A.02 PEAC-5C Women's Varsity Basketball (Fall) PEAC-5C.02 Women's Varsity Basketball (Spring) Varsity Wrestling PEAC-6 Varsity Baseball PEAC-7 PEAC-9 Women's Varsity Volleyball Varsity Softball PEAC-10

Table 1.2 Athletics Competition Courses

women's Rodeo had their varsity class in person. This is due to the Covid-19 pandemic which limited the amount of face to face instruction for that year. Not being able to work face to face effected retention and success for these classes.

Men's and Women's Rodeo (AGR-21):

They averages around nine and eight players a year on their roster and over the past four years have had an average retention rate of 94.85%, and an average success rate of 91%.

Men's Soccer (PEAC-2A):

The program has averaged around 26 student-athletes on the roster per year and over the past three years have had an average retention rate of 100%, and an average success rate of 100%. They have also placed seven student-athletes over the past seven years. *Due to staff turnover the number could be bigger.

Women's Soccer (PEAC-2C):

The program has averaged over 17 student-athletes on the roster per year and over the past three years have had an average retention rate of 87.8%, and an average success rate of 87.8%. They have also placed 5 student-athletes over the past seven years. *Due to staff turnover the number could be bigger.

Men's Basketball (PEAC-5A & 5A.02):

The program has averaged around 14 student-athletes on the roster per year and over the past three years have had an average retention rate of 96% for the fall and 97.3% in the spring, and an average success rate of 96% for the fall and 97.3% for the spring. They have also placed 31 student-athletes over the past seven years.

Women's Basketball (PEAC-5C &:5C.02):

The program has averaged 11 players on the roster per year and over the past three years have had an average retention rate of 95% for the fall and 97.3% in the spring, and an average success rate of 95% for the fall and 97.3% for the spring. They have also placed six student-athletes over the past seven years. *Due to staff turnover the number could be bigger.

Men's Wrestling (PEAC-6):

The program has averaged around 14 student-athletes on the roster per year and over the past three years have had an average retention rate of 88.3%, and an average success rate of 84.3%. They have also placed four student-athletes over the past seven years. *Due to staff turnover the number could be bigger.

Men's Baseball (PEAC-7):

The program has averaged 31 student-athletes on the roster per and over the past four years have had an average retention rate of 97.8%, and an average success rate of 98%. They have also placed 58 student-athletes over the past seven years.

Women's Volleyball (PEAC-9):

The program has averaged around 11 student-athletes on the roster per year and over the past three years have had an average retention rate of 91%, and an average success rate of 91%. They have also placed 2 student-athletes over the past seven years. *Due to staff turnover the number could be bigger.

Women's Softball (PEAC-10):

The program has averaged around 13 student-athletes on the roster per year and over the past three years have had an average retention rate of 97%, and an average success rate of 94.3%. They have also placed 3 student-athletes over the past seven years. *Due to staff turnover the number could be bigger.

RETENTION

Table 1.3 Term Retention

		2017			2018			2019		20	020
COURSE	FA	SU	SP	FA	SU	SP	FA	SU	SP	FA	SP
AGR-21B			100%			100%			90.5%		88.9%
PEAC-2A	100%			100%			100%				
PEAC-2C	93.30%			100%			70%				
PEAC-5A	100%			100%			87.50%				
PEAC- 5A.02			100%			100%			92.30%		
PEAC-5C	92.90%			91.70%			100%				
PEAC- 5C.02			92.30%			100%			100%		
PEAC-6	75%			94.10%			95.80%				
PEAC-7			97.10%			96.70%			97.30%		100%
PEAC-9	100%			93.30%			80%				
PEAC-10			100%			100%			90.90%		

Table 1.4 Annual Retention

COURSE	2017	2018	2019	2020
AGR-21B	100%	100%	90.5%	88.9%
PEAC-2A	100%	100%	100%	
PEAC-2C	93.3%	100%	70%	
PEAC-5A	100%	100%	88%	
PEAC-5A.02	100%	100%	92%	
PEAC-5C	93%	92%	100%	
PEAC-5C.02	92%	100%	100%	
PEAC-6	75%	94%	96%	
PEAC-7	97%	97%	97%	100%
PEAC-9	100%	93%	80%	
PEAC-10	100%	100%	90.90%	

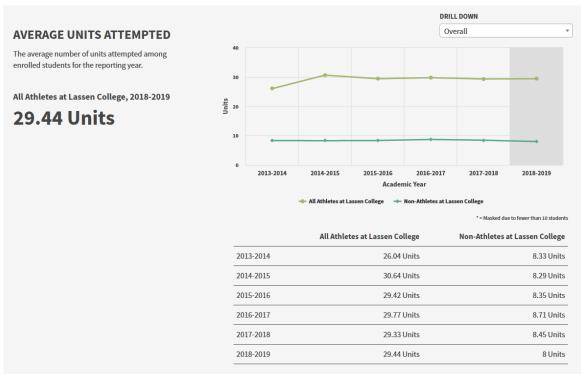
Success

Table 1.5 Term Success

		2017			2018			2019		20)20
COURSE	FA	SU	SP	FA	SU	SP	FA	SU	SP	FA	SP
AGR-21B			100%			95.7%			90.5%		77.8%
PEAC-2A	100%			100%			100%				
PEAC-2C	93.30%			100%			70%				
PEAC-5A	100%			100%			87.50%				
PEAC-5A.02			100%			100%			92.30%		
PEAC-5C	92.90%			91.70%			100%				
PEAC-5C.02			92.30%			100%			100%		
PEAC-6	63%			94.10%			95.80%				
PEAC-7			97.10%			97.60%			97.30%		100%
PEAC-9	100%			93.30%			80%				
PEAC-10			92%			100%			90.90%		

Table 1.6 Annual Success

COURSE	2017	2018	2019	2020
AGR-21B	100%	95.7%	90.5%	77.8%
PEAC-2A	100%	100%	100%	
PEAC-2C	93%	100%	70%	
PEAC-5A	100%	100%	88%	
PEAC-5A.02	100%	100%	92%	
PEAC-5C	93%	92%	100%	
PEAC-5C.02	92%	100%	100%	
PEAC-6	63%	94%	96%	
PEAC-7	97%	98%	97%	100%
PEAC-9	100%	93%	80%	
PEAC-10	92%	100%	91%	



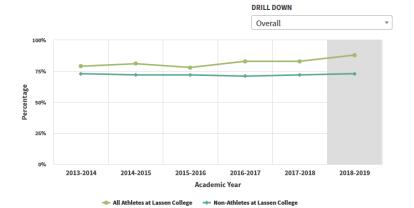
*Chart from Cal-Pass Plus

AVERAGE COURSE SUCCESS RATE

The average among students in the percentage of courses completed with a grade of C- or better, a pass, or credit received out of the courses attempted during the reporting year.

All Athletes at Lassen College, 2018-2019

88%



All Athletes at Lassen College Non-Athletes at Lassen College 2013-2014 73% 2014-2015 81% 72% 2015-2016 78% 72% 2016-2017 83% 71% 2017-2018 83% 72% 2018-2019 88% 73%

* = Masked due to fewer than 10 students

*Chart from Cal-Pass Plus

As seen with the data and charts above, student-athletes more consistently than non-student athletes, are registered for more units each year and pass them at a higher rate. Over the past six

school years, student-athletes take on average 29.44 units compared to 8.36 from non-athletes. Student-athletes also pass their passes at a higher rate, 88%, compared to non-athletes who are at a rate of 72.2%. Student-athletes on average take more classes and do better compared to the rest of the student body.

This has to do with many factors, but the main factors are because of eligibility rules and goals/incentives. Student-athletes are some of the most motivated individuals on campus because they have chosen to go to Lassen College in order to transfer to another school. In order to do this they must meet the unit requirement (12 units each semester with majority of them being academic classes) and grade point requirement of 2.0.

This rule structure in place incentivizes student-athletes to be full time students who strive to pass their classes in order to play and be able to transfer to another school to continue their academics and athletics. With this being said, logically the more student-athletes that come to the Lassen College campus the greater full time enrollment will become along with increased numbers in student success.

Planning Agenda:

- 1. Explore making all coaches fulltime faculty.
- 2. Explore establishing paid assistant coaches.
- 3. Explore adding Women's Wrestling.
- 4. Explore adding Cross Country.
- 5. Explore adding a track team.
- 6. Develop a method for keeping track of where student athletes transfer to.
- 7. Develop a position for someone to keep track and store equipment to ensure its upkeep and maintenance.
- 8. Request that the Institutional Effectiveness Office regularly (once a term) provide data that disaggregates athletes' achievements from the general student population in order to analyze student athletes' success.

B. Student Learning Outcome Assessment

1. SLO assessments are regularly completed for all Lassen College courses including physical education courses. Results are discussed at convocation meetings and between coaches and staff. The data is sent to the proper individuals on campus who then keep track of the data.

Athletic SLO assessments are favorable, and outcomes are being met – around 99 percent of targets measured were met over the last three/four terms. SLO assessment is on-going, and course SLOs are linked to Physical Education program SLOs. SLO action plans reflect student success and most are not proposing any changes.

Course	2017	2018	2019	2020	TOTAL
AGR-21B	100%	100%	-	100%	100%
PEAC-2A	-	100%	-	-	100%
PEAC-2C	-	100%	ı	-	100%
PEAC-5A	100%	100%	100%	100%	100%
PEAC-					
5A.O2	-	100%	100%	-	100%
PEAC-5C	-	100%	100%	-	100%
PEAC-					
5C.02	-	-	-	-	-
PEAC-6	100%	100%	100%	-	100%
PEAC-7	100%	-	80%	100%	96%
PEAC-9	92%	93%	100%	-	94%
PEAC-10	-	-	-	-	-
Total	98.4%	99.12%	96.7%	100%	98.89%

2. Looking at the results shows that each program is successfully hitting their student learning objectives consistently. If they are not being hit majority of the time is because a student has dropped the class/left the team.

What can be done to ensure the continued SLO success would be an upgrade in equipment and facilities which would make measuring the SLO's easier as well. Having up to date weight room equipment allows for high level fitness testing to take place. At the moment, programs are restricted on what they can safely do based on lack of space, equipment and/or funding. The most dire example is the current state of the track. The track has deteriorated over the years and has become hard as concrete and is also crumbling in some areas. It is difficult for teams to have true valid test on a surface that is unstable and arguably unsafe. This limits what programs can do and measure.

Also limited staff makes measuring and teaching more difficult. It is asking a lot of one coach to monitor and measure testing results without an assistant or someone else to help. The more eyes on the student-athletes only adds to the teaching environment along with ensuring the testing results are valid because they can help enforce procedures.

Therefore the department should continue to look for ways improve/add to its current facilities and equipment along with looking to provide each program with paid assistant coaches.

Planning Agenda:

- 1. Continue to monitor SLOs and update SLO mapping if needed.
- 2. Make sure new hires know the SLO process and procedure.
- 3. Look to update equipment.
- 4. Look to hire full time head coaches.
- 5. Look into hiring paid assistant coaches.
- 6. Look to add storage for equipment.

- 7. Update facilities:
 - Make the weight room bigger.
 - Update/get a new track.
- 8. Explore paid assistant coaches who help evaluate SLO assessments.

C. Student Evaluation Summary

Some key data taken from student surveys:

- 66.67% of students surveyed said that their educational goal is to transfer to a four year university.
- 95.45% of students surveyed said that the scheduling of the classes met their needs.
- Only 50% of students surveyed said that the facilities were comfortable when the weather is hot outside. Compared to 68.18% who said facilities are comfortable when it is cold outside.
- 54% of students surveyed said that they had enough space to do work in class.
- 66.67% of students surveyed said the program provided the necessary equipment.
- 33.36% of students surveyed said the equipment is current.
- 40.91% of students surveyed said the equipment is in good operating condition.

This data shows that majority of student-athletes attend Lassen College with the intention of transferring to a four—year university. The rest of the data shows that the current athletic facilities and equipment is in need of upgrades/improvements.

Majority of students who were surveyed had negative feelings about the temperature of the facility, which can lead to safely issues – hot conditions while training is scientifically proven to effect training results due to the added stress.

There were also negative feelings about the amount of space available to studentathletes along with the types of equipment and the condition of the equipment.

Despite these native feelings almost a majority of students felt pleased with their class.

Planning Agenda:

1. Look into improving ventilation and heating in the athletic facility.

- 2. Update equipment in the fitness center along with the equipment that is specifically needed for each individual sport.
- 3. Look to update/upgrade the athletic facility.
 - 1. Expand the fitness center.
 - 2. Increase storage.
 - 3. New Basketball Court
 - 4. New Track.

III. Curriculum

A. Degrees and/or

Certificates

There are no degrees or certificates specific to athletics. Student athletes may pursue any degree offered by Lassen College.

Planning Agenda:

Student athlete achievement and completion data (such as transfer rate and graduation rates) should be tracked and readily available for the campus. Lassen College's IT department should create a flag in the data warehouse to identify student athletes and make this tracking possible.

B. Courses

5. Sand volleyball represents an efficient cost effective addition relative to other new potential sports. Sand volleyball programs have begun to pop up throughout the state. There are three conferences (four divisions) and 18 teams split between Northern and Southern CA that are competing during the 2015 season with more college programs expected to join in future years. The inaugural season began on March 1, 2015. Feather River College, which is known for its volleyball prowess, started a team for the inaugural season which has 33 students on the roster. Lassen College could expect similar numbers with like effort.

Cross country is another sport with relatively low costs. The college is ideally located for this sport with mountains, hills, and trails appropriate for the sport. These environmental factors could be a draw for new students. The institution should examine the validity of adding a men's and women's cross country team.

Track represents another sports that could lead to growth in enrollment. However, a new track would need to be purchased in order to comply with CCCAA regulations. The current track is outdated and has deteriorated greatly over the years. The college should examine this.

Women's Wrestling is another way to add another program that will lead to an increase in

enrollment. Many other institutions are exploring the possibility of adding women's wrestling including College of the Redwoods. This is something the college should look deeper into to not only increase enrollment but diverse enrolment along with keeping the department in compliance with Title 9.

- 6. Each course has been reviewed for accuracy and are also reviewed by the coaches for any necessary changes.
- 7. At the writing of this report all necessary forms have been submitted.
- 8. At the writing of this report all necessary forms have been submitted.

Planning Agenda:

- 1. Add a competitive cross country program
 - a. Demonstrate need for program
 - b. Develop financial projections for program success
 - c. Create and approve curriculum for cross country
 - d. Develop course, hire coach, recruit, etc.
- 2. Add sand volleyball as a competitive program
- 3. Add Women's Wrestling as a competitive program.
- 4. Examine adding a Track team as a competitive program.
- 5. Examine developing a competitive golf program
- 6. As need and opportunity dictate, add sports to remain in compliance with Title 9, capture FTES generation opportunities, and remain competitive with other colleges in our region.

C. Articulation/Integration of Curriculum

Using assist.org, activity courses are generally accepted by universities with a total unit limit (ie. 1.0 units or 2.0 units). In some cases, articulation officer has been able to articulate individual courses as needed for the AA-T in Kinesiology submission.

III. Scheduling and

Enrollment Patterns

Table 1.5 Terms Courses Offered

Course		2017			2018		2019			2020		
	FA	SU	SP	FA	SU	SP	FA	SU	SP	FA	SU	SP
AGR-21B	-	-	1	-	-	1	-	-	1	-	-	1
PEAC-2A	1	-	-	1	-	-	1	-	-	-	-	-
PEAC-2C	1	-	-	1	_	-	1	-	-	1	-	-
PEAC-5A	1	-	-	1	-	-	-	-	-	-	-	-
PEAC-												
5A.O2	-	-	1	-	-	1	-	-	1	1	-	
PEAC-5C	1	-	-	1	-	-	1	-	1	-	-	-
PEAC-5C.02	-	-	1	ı	-	-	-	-	-	1	-	-
PEAC-6	1	-	-	1	-	-	1	-	-	1	-	-
PEAC-7	-	-	1	ı	-	1	-	-	1	1	-	1
PEAC-9	1	-	-	1	-	-	1	-	-	1	-	-
PEAC-10	-	-	-	-	-	1	-	-	1	-	-	-

Table 1.6 Annual Courses Offered

	2017	2018	2018	2020
AGR-21B	1	1	1	1
PEAC-2A	1	1	1	-
PEAC-2C	1	1	1	-
PEAC-5A	1	1	1	-
PEAC-5A.O2	1	1	1	-
PEAC-5C	1	1	1	-
PEAC-5C.02	1	1	1	-
PEAC-6	1	1	1	-
PEAC-7	1	1	1	1
PEAC-9	1	1	1	-
PEAC-10	1	1	1	=

Table 1.7 Term Enrollments

		2017			2018		2019			2020	
COURSE	FA	SU	SP	FA	SU	SP	FA	SU	SP	FA	SP
AGR-21B	ı	-	14	-	-	23	-	-	21	=	9
PEAC-2A	29	-	-	17	-	-	14	-	-	-	-
PEAC-2C	14	-	-	15	-	-	14	-	-	-	-
PEAC-5A	14	-	ı	18	-	-	14	-	-	=	-
PEAC- 5A.02	-	-	12		-	13	-	-	12	=	-
PEAC-5C	13	-	-	11	-	-	11	-	-	-	-
PEAC- 5C.02	-	-	12		-	10	-	-	11	=	-
PEAC-6	6	-	ı	16	-	-	23	ı	ı	ı	-
PEAC-7	ı	-	17		-	20	-	-	18	=	18
PEAC-9	12	-	-	14	-	-	8	-	-	-	-
PEAC-10	-	-	12		-	12	-	-	10	-	-

Table 1.8 Annual Enrollments

COURSE	2017	2018	2019	2020
AGR-21B	14	23	21	9
PEAC-2A	29	17	14	0
PEAC-2C	14	15	14	0
PEAC-5A	14	18	14	0
PEAC-5A.02	12	13	12	0
PEAC-5C	13	11	11	0
PEAC-5C.02	12	10	11	0
PEAC-6	6	16	23	0
PEAC-7	17	20	18	18
PEAC-9	12	14	8	0
PEAC-10	12	12	10	0

Table 1.9 Term FTES

		2017			2018			2019		20	20
COURSE	FA	SU	SP	FA	SU	SP	FA	SU	SP	FA	SP
AGR-21B	-	-	4.49	-	-	7.67	-	-	7	-	3
PEAC-2A	9.67	-	-	5.67	-	-	4.67	-	-	-	-
PEAC-2C	5.00	-	-	5.00	-	-	3.33	-	-	-	-
PEAC-5A	2.93	-	-	3.77	-	-	3.35	-	-	-	-
PEAC- 5A.02	-	-	1.37	-	-	1.49	-	-	1.49	-	-
PEAC-5C	2.93	-		2.51	-	-	2.30	-	-	-	-
PEAC- 5C.02	-	-	1.49	-	-	1.14	-	-	1.26	-	-
PEAC-6	2.67	-	-	5.67	-	-	8.00	-	-	-	-
PEAC-7	-	-	11.33	-	-	12.95	-	-	11.66	-	12.00
PEAC-9	4.00	-	-	5.00	-	-	3.33	-	-	-	-
PEAC-10	-	-	4.00	-	-	4.00	-	-	4.00	-	-

Table 1.10 Annual FTES

COURSE	2017	2018	2019	2020
AGR-21B	4.49	7.67	7	3
PEAC-2A	9.67	5.67	4.67	0.00
PEAC-2C	5.00	5.00	3.33	0.00
PEAC-5A	2.93	3.77	3.35	0.00
PEAC-5A.02	1.37	1.49	1.49	0.00
PEAC-5C	2.93	2.51	2.30	0.00
PEAC-5C.02	1.49	1.14	1.26	0.00
PEAC-6	2.67	5.67	8.00	0.00
PEAC-7	11.33	12.95	11.66	12.00
PEAC-9	4.00	5.00	3.33	0.00
PEAC-10	4.00	4.00	4.00	0.00

The tables above show athletic course offerings, enrollments, and FTES generation by athletics course. Continuity in coaching staff plays a significant role in student athlete retention. It is not unusual for 20 to 40 percent of an athletics team to turn over due to coaching changes or because the students transfer.

Over the past seven years the staff turnover has been:

Men's Rodeo: 2 different coaches

Women's Rodeo: 1 coach

Men's Soccer: 4 different coaches Women's Soccer: 6 different coaches

Men's Basketball: 1 coach

Women's Basketball: 2 different coaches

Wrestling: 4 different coaches

Baseball: 1 coach

Volleyball: 3 different coaches Softball: 4 different coach

Planning Agenda:

- 1. Make the coaching positions full time to maintain consistency in team size and competitive abilities. This position could support additional recruiting expectations.
- 2. Look into hiring paid assistant coaches. Help with recruiting, stability and day to day activities within a program.
- 3. Up to date facilities and equipment to enhance training but also add to recruiting.

IV. Equipment

In the wrestling room, heavy wrestling mats continuously have to be moved to accommodate yoga class. As the wrestling mats are moved to accommodate other activities, this is a primary cause of wear and tear on the mats. As the mats break down, they provide less effective cushion and compromises student-athlete safety. Further, the movement causes surface cracking which creates space for bacteria and other pathogens to occupy and prohibit sterilization.

One year, the many of the wrestlers contracted Ringworm, a fungal infection. Although mats are cleaned regularly, there is concern that mats may not be able to be disinfected properly to adequately prevent fungal and bacterial disease transmission if the surface of the mats are cracked. Wrestling mats should be regularly reconditioned to maintain their effectiveness. Lassen College's wrestling mats have not been reconditioned and are nearly 20 years old. Reconditioning current mats will cost approximately \$8,000. The college should also consider purchasing new smaller mats which are more maneuverable and safer (have not been compressed by years of use). New mats will cost approximately \$20,000, but is the recommended improvement.

Athletics, Physical Education, and Adaptive Physical Education share fitness facilities and equipment. The Physical Education IPR has outlined many of the needs in the fitness center. Athletics supports the proposals in the Physical Education IPR as being necessary to student safety and success.

Storage of equipment is a major issue. New equipment is bought but with lack of storage a lot of equipment is susceptible for damage or being lost. The current storage room in the gym is used to store chairs, volleyball nets poles and balls, basketballs, shooting machines and at times the stage for graduation. There is not enough room to store everything which means equipment is being left out.

Hudl, a web based company that teams can pay to upload their films to and use it to store, transfer and even analyze. This not only saves the coaching staff a lot of time but it can also make coaching easier by using it to break down film. Plus, it is helpful with getting our players to four-year coaches. Having film ready on the web it can be accessed anywhere there is inter net service. Having it ready on the computer also makes it easier to put together highlight videos, which can be used to get players recruited along with recruiting future athletes

A smaller Whirlpool for the lower extremities will allow more people to use hot/cold modality than just with our one large tub. It is difficult for athletes to use the Whirlpool because there is so many athletes and only one existing tub.

The washers and dryers currently in place are also being used by the custodial staff to regularly wash mop heads. This usage is leaving the washers and dryers used to clean the athletic uniforms un-sanitary. The athletic department would like to have their own washer and dryers separate from the custodial staff. The washing/dryer area is in need of built-in shelving, tables, and racks for the uniforms.

The lights in the gym are out of date, dim and are constantly going out. A way to save money on electricity along with time for maintenance who have to constantly replace the lights, installing LED lights will solve these issues. They are more energy efficient, last longer, are brighter and they do not take 15 minutes to turn back on once turned off.

Currently the side baskets in the gym have wood backboards. This is an issue for two reasons. One because practicing on a wood backboard surface is very different than a game used glass backboard. There is now useful teaching purpose to practice with equipment that does not directly transfer to what is done during competition. Secondly if one of the game used glass backboards were to break or become unsafe, we would not be able to quickly replace it. Four new baskets with glass backboards need to be purchased and installed.

The basketball court itself is very old and is due to be replaced. Custodial has done a great job trying to maintain the floor by reoccurring cleaning and purchasing a cover for the floor. With that said, the gym is used arguably more than any other facility with usual on campus activity along with hosting off campus events (graduation, J&J dance) and being used for an evacuation center whenever wild fires occur (2021 Dixie Fire).

The normal wear and tear is dealt with, with the yearly resurfacing of the floor. But due to the age of the floor and how long it has been in action, we can no longer sand off lines and paint because of how thin it is getting. For example, in the upcoming 2022-23 season, the three point line will be moved back. Adding the new line isn't going to be an issue, however due to how thing the floor is, we cannot remove the old, and now meaningless, three point line.

Recruiting Budget

Currently, coaches receive a \$400 recruiting allowance. Put another way, coaches have approximately \$25 to recruit each student athlete. The extremely limited recruiting budget reduces the opportunity coaches have to recruit new athletes who are athletically and academically capable. Further, each coach's contract is contingent upon fielding a team. It seems unreasonable to expect high standards be kept by coaches when recruiting when the college provides little in recruitment resources. Recently, state recruiting restrictions were relaxed; an increased recruiting travel budget would provide coaches and the institution with an opportunity to capitalize on those changes. Increasing the recruiting budget

to \$1,000 per sport would give coaches the opportunity to recruit at multiple events at different times of year, broadening the recruitment pool for each sport.

Services

Officiating fees increase every year. These increases need to be added to the college budget. The department cannot control these cost increases and officials at home games are a necessity.

Work-study students are needed to officiate the various sports during the nontraditional season. Workstudy students are also used to operate the concession stands and receive admission at the various venues.

Entry Fees

Due to the rising officiating fees and other rising costs because of the current economic climate, entry fees for tournaments and other events are increasing. Participating in tournaments and other events is essential for each program filling out their schedule in a manner that will allow their teams to be eligible for post season play. Increasing the current Entry Fee budget should occur.

Association Dues

For the same reasons other fees are increasing, it is also affecting dues associated with each California community college coaches association. It is important for each coach to be an active member in their association because of how it allows each coach to help their student-athletes.

Equipment	Year Purchased	Cost			
Men's and Women's Basketball					
Dr. Dish - Rebel	2021	\$6,000			
Dr. Dish - Rebel	2018	\$5,000			
Basketball	2015	*Waiting			
Scoreboard					
Men's Basketball	2021	\$2,800			
Uniforms					
Women's Basketball	2021	\$2,800			
Uniforms					
Basketball Court	Unknown	\$75,000			
Main Court Baskets x	Unknown	\$3,400			
2					
Side Court Baskets x	Unknown	\$2,400			
4					

The Gun Shoot-A-	2001	\$6,000				
Wilson Solutions	2022	\$1.200				
Wilson Solutions	2022	\$1,200				
Basketballs Wilson Evalutions	2022	¢1 200				
Wilson Evolutions	2022	\$1,200				
Basketballs Sagrage Table	2018	¢2 220 21				
Scorers Table		\$3,320.31				
Back up Panel	2019	\$1,103.40				
G 61 11 D': 1 '	Baseball and Softball	Φ.ς. 0.00				
Softball Pitching	Unknown	\$6,000				
Machine						
D 1 11 D': 1 '	TT 1	Φ2.500				
Baseball Pitching	Unknown	\$3,500				
Machine – Hack						
Attack	2021	Φ2.000				
Rapsodo Pitching	2021	\$3,000				
Blast Motion Sensors	2021	\$1,200				
Softballs - 60 dozen a	2022	\$5,200				
year		1.70				
Chalk	2022	\$250				
Portable Pitching	Unknown	\$1,000				
Mounds						
Baseballs per year –	2022	\$4,800				
60 dozen						
Softball Scoreboard	2021	\$8,700				
Baseball Scoreboard	Unknown	\$10,000				
Fungo Bats X 4	2022	\$400				
Baseball Uniforms	2021	\$6,400				
Softball Uniforms	2021	\$3,200				
	Volleyball					
Volleyball Serving	Unknown	\$5,000				
Machine						
Molten Volleyballs	2021	\$2,600				

Volleyball Uniforms	2021	\$3,600
	en's and Women's Soc	cer
Soccer Goals x 2	2015	\$2,200
Men's Soccer	2021	\$4,000
Uniforms		
Women's Soccer	2021	\$4,000
Uniforms		
Hi-Pod	2021	\$2,563.13
Soccer Balls	2019	\$3,600
	Wrestling	
Wrestling Headgear	2022	\$2,000
Wrestling Mats	1997	\$15,000
	Fitness Center	
Varsity Series Full	2020-21	\$4,044.50
Rack		
Kettle Bell Racks x 2	2020-21	\$384
Kettle Bell Weights	2020-21	\$376
Dumbbell Rack	2020-21	\$450
Dumbbell Weights	2020-21	\$1,756
Plates	2020-21	\$1,300
Medicine Ball Rack	2020-21	\$84
Medicine Balls	2020-21	\$116
Flat to 9 – Bench x 2	2020-21	\$893
Olympic Power Bar x	2020-21	\$240
2		
	mont not available at ti	

Rodeo Equipment not available at time of writing

Planning Agenda:

- 1. Increase recruiting budget.
- 2. Additional storage for equipment.
- 3. Purchase smaller, lighter wrestling mats for wrestling room to reduce wear and tear by improving their maneuverability (\$20,000).

- 4. Increase budget for officiating fees by \$400 \$600 per sport.
- 5. Increase travel and recruiting budgets for each sport to \$1000 (\$10,000 total increase annually).
- 6. Increase Entry Fee Budget by \$400 \$600 per sport.
- 7. Increase Association Dues by \$150 per sport.
- 8. New Hudl Camera for the gym.
- 9. Look into hiring an equipment manager.
- 10. Look into hiring someone to manage the weight room.
- 11. Purchase needed equipment.
- 12. Maintain and fix out of date/broken equipment.
- 13. Purchase new side baskets for the gym with glass backboards.
- 14. Install washer and dryer.
- 15. Install LED lights for the gym.
- 16. Sand for Rodeo Arena \$30,000
- 17. 20 Stalls with runs \$180,000
- 18. Update existing arenas fencing \$20,000-\$50,000
- 19. Covered practice arena \$100,000

V: Outside Compliance Issues (if appropriate for program)

The CCCAA governs California Community College athletics. The organization requires that colleges be compliant with the organization's bylaws, which are regularly amended. The bylaws set requirements for athletic eligibility, recruiting, game management, and rules.

According to the US Department of Education, *Title IX of the Education Amendments of 1972 (20 U.S.C. .1681 et seq.)* Prohibits discrimination on the basis of sex in education programs receiving Federal financial assistance. Athletics are considered an integral part of an institution's education program and are therefore covered by this law. It is the responsibility of the Department of Education (ED), Office for

Civil Rights (OCR), to assure that athletic programs are operated in a manner that is free from discrimination on the basis of sex.

The regulation (34 C.F.R. Part 106) implementing Title IX contains specific provisions relating to athletic opportunities. It also permits individual institutions considerable flexibility in achieving compliance with the law.

Compliance with CCCAA and Title IX regulations can have far reaching implications across Lassen Community College. The broad impacts of these regulations indicate that a committee should be formed to help the college stay abreast of changes and to recommend courses of action.

Planning Agenda:

- 1. Assure compliance with Title IX.
- 2. Assure compliance with CCCAA.

VI. Prioritized Recommendations

A. Prioritized Recommendations for Implementation by Program Staff

- 1. Hire full time head coaches.
- 2. Hire paid assistant coaches.
- 3. Increase storage for equipment.
- 4. Keep website up to date.
- 5. Look to add sports:
 - a. Women's Wrestling.
 - b. Cross Country
 - c. Track
 - d. Sand Volleyball
- 6. Get a new track.
- 7. Purchase HUDL Camera in order to film games/matches and stream them online.
- 8. Look into a streaming service or different ways to stream events.
- 9. Develop a consistent recruiting plan to help new hires recruit right away.
- 10. Develop social media plan for each program.
- 11. Monitor success and retention.
- 12. Monitor and track where student-athletes have transferred on to.
- 13. Monitor and track awards won, stats and records for athletics.
- 14. Increase the recruiting budget.
- 15. Increase workstudy budget.
- 16. Upgrade/get a new basketball court.
- 17. New side baskets in the gym with glass backboards.
- 18. Install washer and dryer.
- 19. Install LED lights

Click here to enter text.

B. Prioritized Recommendations for Inclusion in the Planning Process

List all recommendations made in Section One that should be included in Lassen College's planning and budgeting process, specifically in the Educational Master Plan, Student Services Master Plan, or Institutional Effectiveness Master Plan. Separate recommendations into the appropriate plan(s). Items to be included in the Human Resource Master Plan, Institutional Technology Master Plan, or Facilities Master Plan should be addressed in Sections Two, Three or Four in lieu of or in addition to inclusion in the Academic Master Plan. See Attachment C, Master Plan Overview, in the IPR handbook to determine where recommendations are best placed.

Prioritized Recommendations for Inclusion in Education Master Plan: The EMP addresses the instructional planning needs of the college.

Click here to enter Program Name & Year

*Note: "Estimated Cost" includes calculated Total Cost of Ownership as described in Section I

*No			_ ·	I
Strategic	Planning Agenda	Implementation	Estimated	Expected Outcome
Goal	Item	Time Frame	Cost	
		Time Traine		
2,4	Purchase an online	2022-23	\$7,000	This is a helpful teaching tool for
	video system such as		annually	coaches. Sending more players to
	HUDL			four year schools, and recruiting
				future athletes.
2,3,4	Add Women's	2022-23	\$48,000	Increased enrollment.
	Wrestling			
2,3,4	Add Cross Country	2022-23	\$48,000	Increased enrollment, co-ed sport.
_,,,,	Trad Gross Goding	2022 20	φ.ο,οοο	moreuseu em simoni, es eu sporu
2,3	Repair damaged	2022-23	\$3,000	The damaged cushions are causing
	equipment in the			sores and lacerations to the users
	fitness center			due to the rough, damaged
				upholstery.
3	Wrestling practice	2022-23	\$20,000	New mats will increase safety along
	Mat - 28x28			with cleanliness.
3	Increase budget to	2022-23	\$3,600	Maintain home competition
	cover rising			schedules
	officiating fees			
1,3	Provide annual	2022-23	\$30K	Facilitate nontraditional
	workstudy students to		Workstudy	competitions in the most
	officiate and run		dollars	economical manner.
	concession stands			
1,3	Add one Whirlpool to	2022-23	\$5,379	Allow more students to take
	the Athletic Training			advantage of the whirlpool therapy.
	Center Room w/			
	installation			
3	Wresting room wall	2022-23	\$8,000	Safer facility.
	pads			

3	Update existing arenas fencing	2022-23	\$45,000	Safer facility
3	New track	2022-23	\$300,000- \$1,200,000	Safety and community enjoyment
3	New basketball Court	2022-23	300,000	Safety
4	Increase travel budget	2022-23	\$300,000- \$1,200,000	Necessary to be able to afford traveling to games.
3	New glass backboards for side baskets in gym	2022-23	25,000	Safety
4	Scoreboard for the Soccer Field	2022-23	\$20,000	Compliance with CCCAA
3	Sand for Rodeo Arena	2022-23	\$30,000	Safety
3	Stalls with runs	2022-23	\$180,000	Safety
3	Update existing arenas fencing	2022-23	\$20,000- \$50,000	Safety

Prioritized Recommendation for Inclusion in Student Services Master Plan: The SSMP highlights the services needed to maximize the student experience through a variety of key student support services.

Click here to enter Program Name & Year

*Note: ``Estimated Cost" includes calculated Total Cost of Ownership as described in Section I

Strategi c Goal	Planning Agenda Item	Implementation Time Frame	Estimated Cost * (implementat ion & ongoing)	Expected Outcome
2,3,4	Add Women's Wrestling	2022-23	\$48,000	Increased enrollment.
2,3,4	Add Cross Country	2022-23	\$48,000	Increased enrollment, co-ed sport.
3	New track	2022-23	\$300,000- \$1,200,000	Safety and community enjoyment
3	Wrestling practice Mat – 28x28	2022-23	\$20,000	New mats will increase safety along with
2,4	Purchase an online video system such as HUDL	2022-23	\$7,000 annually	This is a helpful teaching tool for coaches. Sending more players to four year schools, and recruiting future athletes.

Prioritized Recommendations for Inclusion in Institutional Effectiveness Master Plan: The IEMP addresses college needs not addressed in other plans. These needs include research, governance, outcome assessment, and administrative operations. Click here to enter Program Name & Year

*Note: "Estimated Cost" includes calculated Total Cost of Ownership as described in Section I

Strateg ic Goal	Planning Agenda Item	Implementati on Time Frame	Estimated Cost * (implementati on	Expected Outcome
2,3	Repair damaged equipment in the fitness center	2022-23		The damaged cushions are causing sores and lacerations to the users due to the rough, damaged upholstery.
3	Wresting room wall pads	2022-23	\$8,000	Safer facility.
3	New basketball Court	2022-23	\$300,000	Safety

Section Two: Human Resource Planning

I. Program Staffing

Lassen College currently has nine part-time head coaching positions and one full-time head coaching position. Currently the Softball position is being flown as a full time position which will make the department have 2 full-time coaches and 8 part-time positions with the possibility of more to come. All part-time coaches receive a stipend which encompasses all of their travel for scheduled games and coaching duties. Part-time coaches also teach PEAC courses and receive compensation in accordance with the LCFA contract for adjunct faculty. The full-time coach receives 40% release time for coaching duties.

Having full time, non-tenure track coaches would lessen the turnover of part time coaches. Lassen College currently has 4 open coaching positions of the ten sports that Lassen College promotes. Some of the open coaching positions currently have been advertised for at least 6 months with none or few applicants. The reason is the lack of pay and the possibility of the position becoming full time.

A part-time (.5) position is needed to offer opportunities for students to access the fitness center. As earlier shared, one of the students greatest concern was the lack of access to the fitness center.

Coaching assistants work in volunteer capacity. Converting them from volunteer to paid, will lead to more oversight in each program along with better stability and long term success. The more eyes on the students the better teaching can occur. Seeing Lassen College head coaches standing on the sidelines alone, with no assistants, is a common occurrence compared to our opponents who at least have one assistant.

Agriculture/Rodeo would like to restructure workload in the department. Currently, labor is distributed between a fulltime instructor, one rodeo coach, some part time faculty, and 1055 hours of student labor. The reliance on student labor has two negative consequences. First, without adequate supervision, students are cutting corners with the outcome being wasted hay and increased mess. Second, there are repairs and maintenance of the facility that are being neglected. The department would like to increase the number of classified staff to two, full-time, with one tending primarily to the needs of livestock and the other tending to the needs of the facility.

Drivers are needed to get the athletes to competitions outside of Susanville. It is unsafe to ask a coach to work eight plus hours and then drive more than three hours to get the team home. There have been reports of drivers falling asleep and waking just in time to prevent an accident. This is a significant safety issue.

Planning Agenda:

- 1. Convert assistant coaches from a volunteer position to a paid stipend position, \$12,000 annually.
- 2. Restructure agriculture/rodeo labor.
- 3. Investigate converting coaches to full-time, non-tenure track faculty.
- 4. Look to hire drivers.
- 5. Look into purchasing a bus.

II. Professional

Development

Program faculty annually complete flex requirements. However, most professional development is done at the expense of the faculty member; attendance at discipline-related conferences or events is cost prohibitive. This is a deterrent to faculty in most disciplines on campus.

Planning Agenda:

1. Develop a professional development budget to be split annually or rotated regularly between faculty in all disciplines not supported by external grant or categorical funding.

III. Student Outcomes

Description/Evaluation:

Looking at the results shows that each program is successfully hitting their student learning objectives consistently. If they are not being hit majority of the time is because a student has dropped the class/left the team.

What can be done to ensure the continued SLO success would be an upgrade in equipment and facilities which would make measuring the SLO's easier as well. Having up to date weight room equipment allows for high level fitness testing to take place. At the moment, programs are restricted on what they can safely do based on lack of space, equipment and/or funding. The most dire example is the current state of the track. The track has deteriorated over the years and has become hard as concrete and is also crumbling in some areas. It is difficult for teams to have true valid test on a surface that is unstable and arguably unsafe. This limits what programs can do and measure.

Also limited staff makes measuring and teaching more difficult. It is asking a lot of one coach to monitor and measure testing results without an assistant or someone else to help. The more eyes on the student-athletes only adds to the teaching environment along with ensuring the testing results are valid because they can help enforce procedures.

Therefore the department should continue to look for ways improve/add to its current facilities and equipment along with looking to provide each program with paid assistant coaches.

Planning Agenda:

Adding paid assistant coaches to each program would ensure better student outcomes due to having more attention paid to each student. The more eyes on each student makes for better teaching, evaluating and structure. Having this position being paid also increases the likelihood of quality candidates and the likelihood they stay around for more than a year. Having coaches who have worked together over long periods of time only adds to the learning environment.

Upgrading facilities and equipment will also improve student outcomes because they will improve the working/learning environment along with having equipment that is better suited to quantify training results. A new track would lead to better fitness testing and conditioning. LED lights in the gym lead to better lighting and less chances of having to delay class/practice or a game because the lights go out. Having more places to store equipment leads to more longevity o that equipment along with being better utilized to teach and test.

IV. Prioritized Recommendation

Strategic Goal	Planning Agenda Item	Implementation Time Frame	Estimated Cost	Expected Outcome
1, 3,4	Convert assistant coaches from a volunteer position to a paid stipend position	2022-23	\$12,000	More stability in the assistant coaching ranks. A more dedicated assistant coaching staff.
2,4	Purchase an online video system such as HUDL	2022-23	\$7,000 annually	This is a helpful teaching tool for coaches. Sending more players to four year schools, and recruiting future athletes.
2,3	Repair damaged equipment in the fitness center	2022-23	\$3,000	The damaged cushions are causing sores and lacerations to the users due to the rough, damaged upholstery.
3	Wrestling practice Mat – 28x28	2022-23	\$20,000	New mats will increase safety along with cleanliness.

2,3	Develop a professional development budget to be split annually or rotated regularly between faculty in all disciplines not supported by external	Immediate inclusion in budget process for 2022-23 budget	Recommend budgeting a minimum of \$1,000/faculty member	Regular engagement with professional organizations and conferences; current info and contacts to share with students
1,3	Create an ISS position to oversee the fitness center, laundry, and equipment check-outs	2022-23	.5 position	Increased sanitation of uniforms. Increased inventory control, and more availability of fitness center to all students.
1,3,4	Non-coach drivers for games more than 3 hours away.	2022-23	Uncertain	The safe transportation of our student-athletes and coaches.
3	Wresting room wall pads	2022-23	\$8,000	Safer facility.
3	Update existing arenas fencing	2022-23	\$45,000	Safer facility
3	New track	2022-23	\$300,000- \$1,200,000	Safety and community enjoyment
3	New basketball Court	2022-23	90,000	Safety
4	Increase travel budget	2022-23	Unknown	Keep up with rising costs
3	New glass backboards for side baskets in gym	2022-23	10,000	Safety

Prioritized Recommendations for Inclusion in the Planning Process

List all recommendations made in Section Two that should be included in Lassen College's planning and budgeting process. See Attachment C, Master Plan Overview, in the IPR handbook to determine where recommendations are best placed.

Prioritized Recommendations for Inclusion in Human Recourse Master Plan: The HRMP identifies and manages the administrative functions of recruitment, selection, evaluation, and professional development needs of the College to ensure a fully-staffed and highly functioning team of employees.

Click here to enter Program Name & Year

*Note: "Estimated Cost" includes calculated Total Cost of Ownership as described in Section I

Strategi c Goal	Planning Agenda Item	Implementat ion Time Frame	Estimated Cost * (implementat ion & ongoing)	Expected Outcome
1, 3, 4	Make all coaches full time	2022-23	Unknown	More stable programs
1, 3, 4	Create paid assistant coaches	2022-23	\$12,000	More stable programs
1, 3, 4	Create an equipment manager position	2022-23	.5 position	Better upkeep of gym facilities and equipment

Section Three: Facilities Planning

The Lassen College athletics program and physical education program utilizes the gymnasium, weight room/fitness center, women's locker room, men's locker room, wrestling/yoga room, track, Lassen College softball field (for athletics and summer DS 120), Memorial baseball field (for athletics), and athletic fields below the gym.

The Lassen College gymnasium is a multi-use facility utilized by many physical education classes and athletic teams. The gymnasium is shared by adapted physical education courses, volleyball, men's and women's basketball, baseball (during inclement weather), softball (during inclement weather) and community schools and organizations.

The gymnasium consists of two main backboards and rims and four side backboards and rims. The facility has been thoroughly cleaned within the past two years and repairs have been made to walls (repairing holes), all-state jerseys (new frames and protective netting), updated flooring (new finish and paint) and entry way (new paint).

While the facility is well maintained, there are some aspects of the facility that need updating to improve safety and compliance with league rules. Wood panel walls in the gym do not provide protection from player collision with the wall. Pads should be installed behind the basketball baskets to protect players during competition and practice. Additionally, basketball identified a need to replace the wooden side basket backboards with glass backboards. Currently, if a primary backboard breaks during a game, we are unsure how to continue the game. If the facility had glass backboards for the side baskets, they could relatively easily replace a main broken backboard. In addition, glass side basket backboards could improve the efficiency of practices.

The college should also look into updating the current playing surface of the basketball floor. Floors are usually updated after a few decades or so and Lassen College has had its court for what has been

estimated since the 1960s. Along with updating the floor, lighting has been an issue. New LED lights have purchased they just need to be installed.

Storage within the gym is an issue. There is a storage room at the west end of the gym where large pieces of equipment like volleyball nets and posts, indoor baseball mounds, basketball shooting machine, chairs and free weights and more are stored. There is already one caged area made of 2x4s and screening to secure chairs, but additional caged areas should be considered to more safely and separately store the larger pieces of equipment for various sports and classes.

The use of the gymnasium is at its breaking point. With the constant use by all the athletic programs as well as classes it is difficult to fit everyone into one facility. It is entirely overbooked. This is an example of the gymnasium usage:

6:00-8:00 am Athletic conditioning 8:00-9:30 am Fitness Center use 9:30-11:00 am Adaptive Physical Education Classes 12:00-2:00 pm Volleyball 2:00-4:00 pm Women's Basketball 4:00-6:00pm Men's Basketball 6:00-8:00 pm Intramurals/Community use

The weight room/fitness center is in need of updating. Flooring was recently updated from fraying carpet to padded weight room flooring; the flooring now needs to be regularly cleaned to prevent early wear and deterioration. The installation of the new material has not held up and the installer should be notified. As noted earlier, equipment needs updating. Mirrors should also be installed to completely surround the walls in the weight room. The mirrors would help to improve safety as students would be able to see their form. By seeing their form students would be less likely to injure themselves.

The men's and women's locker rooms are serving the needs of students in physical education courses; however, water stains and years of cleaning have left much of the shower area looking worn and dirty even when it's not. Lockers are used on a daily basis. The shower area needs to be remodeled and updated providing for individual showering and dressing areas. Hiring of an ISS could ensure the fitness center being open longer for athletes to work out, uniform inventory control and game management. At this time athletes cannot work out on their own unless a coach is present, uniforms are in the control of the Athletic Director as is the game management of all games. The fitness center being open benefits all the students especially those living in the dorms that are looking for something to keep them busy. The ISS could also ensure that the equipment in that area is kept in working order and that the area is kept up to safety standards. The inventory of uniforms is crucial as the only one with a key to the uniform room is the Athletic Director. The Athletic Director is also in charge of all of the game management. The Athletic Director is also currently serving as the softball coach.

The track surface is old and needs to be replaced. It is to a point where the track surface is unsafe due to large cracks and gaps that can no longer be repaired. The entire track needs replacement as the damage is now unsightly and unsafe. Besides the gaps and cracks posing trip and fall hazards, the surface of the track is worn down to the point that there is very little of the rubber surface between a user and the concrete underneath.

There is a need for bleachers at the rodeo arena, soccer fields, and the softball field. Lassen College hosts these events but does not have the proper seating for visitors that come to watch the events. The rodeo buildings and the softball dugouts are old and falling apart. The appearance of these buildings when

people arrive to watch that particular venue is not a favorable Lassen College image. Painting these buildings and dugouts, making the needed repairs, purchasing bleachers would help improve the longevity of these buildings and help improve the image of Lassen College. Providing opportunities for community participation might also lead to increased donations.

Finally, there are inadequate facilities in case of inclement weather. Additional covered spaces are needed for athletics, such as a steel and fabric buildings. Two building would be best, one for rodeo, and another for soccer and other sports. A covered arena for rodeo could also support additional horse riding courses and therapeutic riding opportunities.

Students have complained to instructors on multiple occasions that the Sports Complex facilities are too hot or too cold; this is particularly true of the Fitness Center and wrestling room. There is no ability to cool the facilities, making summer, late spring, and early fall classes nearly unbearable particularly in the afternoon and evening. Airflow is very poor unless doors are propped open, which only serves to make the floor dirtier and should be avoided. Ceiling mounted fans in the Fitness Center should be considered as should air exchange units especially if cooling units are not feasible because of the costs; in reality, cooling units would be ideal.

Lassen College's motor pool includes a contingent of 4, 12 passenger vans. There are concerns regarding the safety and reliability of these vehicles the more they are used. Athletics is a high frequency user of these vehicles. The college should be vigilant to look into getting all wheel drive vans that will be better in snowy conditions.

The Rodeo program has a truck it uses to haul its livestock trailer to events and which gets used for other functions on campus. The truck is now 15 years old and the trailer is 16 years old. Given the age of the vehicles and the high risk associated with breakdowns, the department would like to purchase a new truck and trailer. The current truck could rotate into the general motor pool for campus use or donated to the automotive program.

To better facilitate the review of films, strategy building, etc. a team room is needed with a Smart Board. This room would be used during competitions as well as practice times.

Planning Agenda:

- 1. Work with facilities department to develop a schedule of use for weight room and gym that will better fit student athletes' needs. Perhaps a secondary facility could be opened to alleviate conflicts. A .5 ISS position is needed to oversee the weight room and equipment.
- 2. Improve safety and efficiency of motor pool.
- 3. Additional mirrors in the weight room.
- 4. Build additional caged storage areas within the gymnasium storage room.
- 5. Purchase new rodeo truck and trailer (\$80,000).
- 6. Create an indoor riding arena.
- 7. Replace the track surface.
- 8. Improve air flow/air exchange and heating/cooling in the Fitness Center and wrestling rooms with ceiling-mounted room fans, exhaust fans, or other appropriate equipment.
- 9. Explore increasing covered square footage for improving training facilities especially during inclement weather.
- 10. Creation of a team room in the Sports Complex.
- 11. Install LED lights in the gym.
- 12. Upgrade basketball playing surface.
- 13. Look into purchasing new basketball side court baskets.

I. Prioritized Recommendations

Strategic Goal	Planning Agenda Item	Implementation Time Frame	Estimated Cost	Expected Outcome
1,3,4	Athletics facilities improvements (fitness center, team room, and covered spaces)	2022-23	Unknown	Develop a plan for improving facilities such as soccer fields, field lighting, and increased covered practice space.
3	Build additional caged storage areas within the gymnasium storage room	2022-23	Unknown	Safer storage of large equipment; less chance of equipment being damaged in storage.
3	Replace the track surface.	2022-23		Safety and improved fitness results
3	Work with facilities department to develop a schedule of use for weight room and gym that will better fit student athletes' needs. Perhaps a secondary facility could be opened to alleviate conflicts. A .5 ISS position is needed to oversee the weight room and equipment.	2022-23	Unknown	Keep the weight room clean and organized. Help upkeep of equipment and other machines.
3	Wrestling practice Mat – 28x28	2022-23	\$20,000	New mats will increase safety along with cleanliness.
3	Wresting room wall pads	2022-23	\$8,000	Safer facility.

1.2.4	A 4.41/2 1	2022.22	1	Cafetan and 1 to 1 to 1
1,3,4	Additional mirrors in the weight room.	2022-23		Safety and better instruction
1,3,4	Remodel the athletic training center to provide direct vision supervision from the taping room to the whirlpool room. Paint and Sanitize	2022-23	Unknown	The athletic training center should have daily sanitization and the trainer needs to be able to see all athletes using the facility.
1,3	Resurface the soccer field for competitive play, including a scoreboard.	2022-23	Unknown	Keeps sports on campus and eliminates need for outside contracts.
3	Improve air flow/air exchange and heating/cooling in the Fitness Center and wrestling rooms with ceiling-mounted room fans, exhaust fans, or other appropriate equipment.	2022-23		Safety, sanitation and health
3	Investigate improving motor pool	2015-16	Unknown	Have safer, more reliable, right sized vehicles for athletics use.
1,3	Provide seating at the rodeo arena, soccer fields, and softball fields	2022-23	\$10,000	Provide more professional environment where the community can enjoy the athletic events.
1,3,4	Purchase new rodeo truck and trailer.	2022-23	\$80,000	Safer travel

1,3,4	Create an indoor riding arena.	2022-23		For more opportunities to train all year long.
3	Update existing arenas fencing	2022-23	\$45,000	Safer facility

Section Four: Technology Planning

I. Technology

Currently, there is little technology being used within the facilities provided for athletics and physical education in general. Classroom space is utilized elsewhere on campus for classes like PE 15, and those classrooms have been updated to include current projection, smart board, and mini document camera technologies. However, athletics teams conduct much of their teaching in the locker rooms.

Technology in the Fitness Center is antiquated and not effective. Currently there is an old TV hung from a ceiling/wall mount that runs cable stations throughout the day. It cannot connect to updated DVD or digital image equipment. Instructors should be able to show students videos of exercises and safe movements or project workout instructions, safety tips, and the like. Additionally, sound can be used with instructor-guided workouts, but instructors must own and carry their own stereos or iPods with speakers loud enough to be heard over the sound of equipment being used.

The Fitness Center facility could be improved to include a teaching space with a flat screen TV that allows HDMI input from DVD players and laptop computers as well as a built-in speaker system that also can be connected to laptop computers or mobile media players. If wall space is available, a smart board could be installed and utilized. A team room could be utilized by all sports.

The leagues that our sports compete in require that accurate and timely game/match statistics are kept. This is usually accomplished by someone entering statistics as the game/match is played. The computers used for this task are old and subject to problems. For example, the baseball coach's laptop computer is about 10 years old and the battery will not hold a charge. If the laptop loses power during a game then stats are lost. There are other technological gaps, and the program hopes that the information technology department can assist in assessing need and developing a plan for an equipment refresh. For example, Microsoft Surfaces could replace the coaches' laptops and provide laptop functionality/performance in a tablet format.

Planning Agenda:

- 1. Laptop computers for stats.
- 2. Improve the Fitness Center.
- 3. Create a team room furnished with new technology.
- 4. HUDL camera for filming games, matches and practices.

II. Prioritized Recommendations

Strategic Goal	Planning Agenda Item	Implementation Time Frame	Estimated Cost	Expected Outcome
1,2,3,4	Technology refresh for athletics	Immediate	\$20,000	Fully functional computers, a smartboard available for instruction, coaching, and film review available in the sports complex.
1,2,3,4	Laptops for required stats and article write- ups	2022	\$8,500	In compliance with CCCAA
1,2,3,4	HUDL Camera	2022	\$7,000 annually	Records games for teaching and recruiting purposes along with staying compliant with association film exchange policies
1,2,3,4	TV's for Locker Rooms and Weight Room	2022	\$2,800	For teaching purposes

(IPR Template) Attachment A:

Lassen Community College Status of Curriculum Reviews

Athletics Instructional Program Review Status of Curriculum Review March 15, 2022

Course Name	Curriculum	Curriculum Committee	Course SLO
	Committee Review Completed	Review Not Completed	mapping reviewed
AGR 21B Men's and Women's Rodeo	03/15/2022		04/06/2021
PEAC 2A Men's Varsity Soccer	03/15/2022		05/04/2021
PEAC 2C Women's Varsity Soccer	03/15/2022		05/04/2021
PEAC 5A Men's Varsity Basketball-Fall	03/15/2022		05/04/2021
PEAC 5A.02 Men's Varsity Basketball-Spring	03/15/2022		05/04/2021
PEAC 5C Women's Varsity Basketball-Fall	03/15/2022		05/04/2021
PEAC 5C.02 Women's Varsity Basketball-Spring	03/15/2022		05/04/2021
PEAC 6 Men's Varsity Wrestling	03/15/2022		05/04/2021
PEAC 7 Men's Varsity Baseball	03/15/2022		05/04/2021
PEAC 9 Women's Varsity Volleyball	03/15/2022		05/04/2021
PEAC 10 Women's Varsity Softball	03/15/2022		05/04/2021
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Frank Avilla, Subject Area Faculty Adjunct Faculty has been made aware			Date
Adjunct Faculty has been made aware to	n any changes		

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giften-	3/22/22
Frank Avilla, Subject Area Faculty Signature	Date
Adjunct Faculty has been made aware of any changes	
Carrie Nyman, Subject Area Faculty Signature	3/22/22
Carrie Nyman, Subject Area Faculty Signature	Date
Will Freedman, Subject Area Faculty Signature	3/23/2 ₂ Date
will recultant, Subject Area ractity Signature	Date
OS	3/22/22
Chad Lewis, Curriculum and Academic Standards Committee Chair Signature	Date
Mun	3/23/22
Michell Williams, Interim Instructional Dean	Date

2021-2022 Athletics