



THE PAW

The latest news and updates from LCC Student Ambassadors



Lassen Community College

DECEMBER
A MONTH OF
EVENTS TO
PROPEL &
SUPPORT YOU
THROUGH FINALS

IN THIS ISSUE

COUGAR COUNTDOWN BEGINS

ASB HAPPENINGS

**COUGAR COOKING
DAY & NIGHT**

DECEMBER LEARNING HUDDLES

**FACULTY SPOTLIGHT
CARRIE NYMAN**

FESTIVAL OF LIGHTS AT THE FAIRGROUNDS

FILE YOUR FAFSA DAY

COPPERVALE SKI HILL

SPRING 2020 WINTER WELCOME

PHOTOS OF COUGAR EXPERIENCE

IMPORTANT DATES/DEADLINES

LCC ACTIVITIES & EVENTS

Cougar Countdown Begins

by Tutor, Sarah Taylor

Happy December, Lassen Cougars!

With the end of the semester so close, it's time to put in everything you have and give it your all to end with success. Finals are right around the corner, so please remember that the Learning Center offers many free services for you to utilize to be successful. The perfect way to bring the semester to a successful close is with Cougar Countdown. Cougar Countdown is a 3 week count down to final exams, where lots of awesome and free resources are available throughout campus. There are also events to propel and support you through finals.

For an up to date list of Countdown activities, please follow us on LCC Social Media:

Facebook-@LassenCollege

Instagram-@lassencollege

Twitter-@Lassen_College

*Good luck
on final exams!*



ASB (Associated Student Body)

The Associated Student Body has been very active in planning an upcoming student Winter Wonderland dance on Dec. 5th and fundraising through recycling. ASB recently received a \$250 sponsorship from local business Gold Run Cabinet and Door for the purchase of ASB t-shirts. The shirts will feature the ASB logo on the front and the name and business logo of the sponsor on the back. ASB weekly meetings are held on Tuesday's at 12:15 pm in HU213. Meetings are open to the public. All students and faculty are encouraged to attend. ASB now has an office in HU105.



Holiday Treats-December 11

Cougar Cooking Day & Night has a surprise for you in December, so be sure to check it out. The day session is 10am-1pm outside the Board Room and the Night session is 5:30pm-6:30pm in the Dorm Kitchen. All LCC students are welcome to attend.



LASSEN COMMUNITY COLLEGE
LEARNING HUDDLES
 SESSIONS TO HELP YOU SUCCEED

DEC. 2019

EVERY WED. WRITING WORKSHOPS
 9 AM-9:50 AM @ HU 213

TUE. DEC. 3 MANAGING TEST-TAKING
 AND OTHER ANXIETIES
 3 PM @ BASECAMP

TUE. DEC. 10 COPING WITH STRESS
 12:30 PM-1:30 PM @ LEARNING CENTER

Student Success Workshops now called Huddles

Our students have provided feedback about our Student Success Workshops and have indicated that a perception of "work" associated with Workshops is not resonating with our students. So with that in mind, Student Success Workshops have been renamed Huddles. Huddles are all about giving students the support and sense of community they need to succeed. Not to mention, huddles are interactive, engaging and a fun experience.

Faculty Spotlight

Carrie Nyman

Carrie Nyman was chosen by the Student Ambassadors for this month's Spotlight. Carrie has been a dedicated faculty member at LCC for twenty-seven years. She started as the Athletic Camp Trainer, moved on to being the Study Hall instructor, followed by being the Adaptive PE instructor for the past twenty years. She is also the Advisor for the Special Athletes and Activities Club.

Carrie is originally from the small town of Palos Park, Illinois. She attended Moraine Valley Junior College in Palos Hills and transferred to Western Illinois University. She earned a Bachelor of Science in Physical Education Health Recreation and Dance at Auburn University in Alabama. Carrie then earned a Master's degree in Sports Medicine at Illinois State University.

Her hobbies include hiking, biking, and decorating.

Carrie is committed to her students and seeing them become confident in all that they do. She can't wait to return to coaching Special Olympics once she's fulfilled her other campus duties.

Words that describe Carrie are PATIENT, KIND AND CARING.



Carrie Nyman and Max



Festival of Lights LCC gets involved

During the month of December, Lassen County holds a Festival of Lights down at the County Fairgrounds. This event aims to spread Holiday cheer as the different agencies through out Lassen County put up decorative displays. LCC's Outreach Coordinator, Bridget Gowin is teaming up with the Student Ambassadors to create a festive outdoor display of Cody the Cougar driving the Cougar Express. Below are some "Before" pictures and on Wednesday, December 4th at the Fairgrounds the Student Ambassadors will set up the finished display at 5 pm. Come help and or be sure to take a drive through the Festival of Lights.



File Your FAFSA Days

LCC wants to help simplify filling out the FAFSA and will be hosting three "File Your FAFSA Days" to help students with specific questions and help to complete the FAFSA. It will be easier to complete the FAFSA form if students gather what they need ahead of time. **Below is what you'll need to fill out.**

1. **Your FSA ID-A** FSA ID is a username and password that you can use to log in. Each student, and one parent of each dependent student, will need an FSA ID to complete the FAFSA process on fafsa.gov. We encourage you to create your FSA ID early-even before you're ready to complete the FAFSA form-to avoid delays in the process.
2. **Your Social Security number**
3. **Your driver's license number**-if you don't have a driver's license, then don't worry about this step.
4. **For 2020-2021 FAFSA Year, bring tax 2018 tax transcripts or a 1040 for you and or your parents.**
5. Any additional **records you may have such as assets or untaxed income, Welfare benefits, Social Security benefits, or child support payments.**
6. **List of the school(s) you are interested in attending.**

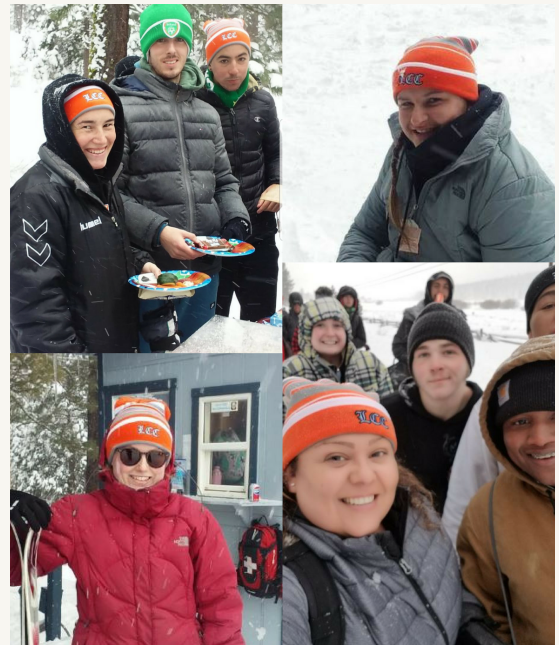
If you have any questions prior to coming to these "File Your FAFSA Days" please contact the Financial Aid Office-(530) 257-8849

File Your FAFSA Days

Thurs. Dec. 5th, 8 am-8 pm @ BaseCamp
 Tues. Jan. 14th, 8 am-8 pm @ BaseCamp
 Wed. Jan. 29th, 8 am- 8 pm @ BaseCamp



Coppervale Ski Area



Coppervale Ski Area is only 18 miles from Susanville on Highway 36 and features 8 spectacular trails, a terrain park, a half-pipe and over 700 feet of vertical drop. Established in the late 1930's as a club by citizens of Westwood and Susanville, the original lift was a rope tow run off the rear wheels of a car chained on the top of the mountain. The first person up in the morning hiked up with gas and started the engine.

Lassen College took over the Ski Area in the 1960's and started the first official ski classes. The rope tow engine was moved to the bottom of the hill and refitted with a new engine and other modifications. In 1977, the Poma lift was installed to provide service to the summit, where skiers have access to almost 740 feet of vertical drop.

Coppervale has lots to offer LCC students-It's affordable and it's right in your backyard. There is also bus transportation to the hill where you can take classes, and borrow gear. **For more information about Coppervale, please call (530) 251-8841 or <https://www.facebook.com>.**

See you on the "Hill"!



Winter Welcome Week Monday, January 13-Friday, January 17

Winter Welcome Week is an exciting week of activities and events that are meant to help new and returning students connect and engage with campus. There are events to entertain you, events that share with you tips and strategies for success, and events that help you get to know resources and campus a bit more. There is something for everyone. For more information follow us on:

Facebook @LassenCollege

Instagram @lassencollege

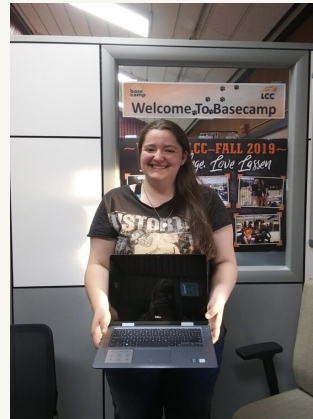
Twitter @Lassen_College.



The LCC Polar Express at Winter Welcome

The Polar Express will be driving around campus during Winter Welcome Week to greet, assist and hand out free cups of hot chocolate to students.

November's Cougar Experience



December & January Important Dates/Deadlines

December

- 17-20 Finals Week
- 20 Last Day of Fall 2019 Semester
- 21-31 Dorms Closed For Winter Break. Dorm Closes at Noon on 12/21/19
- 23-31 Campus Closed-Winter Break

January

- 1 Campus Closed/Dorm Closed for Winter Break
- 2 Campus Open
- 2 Dorm Open for Spring Semester Check-in at 8am
- 8 Registration fees for Spring 2020 full-term classes must be paid in full (or risk being dropped)
- 9-10 No Classes-Campus Open
- 13 Spring 2020 classes begin
- 20 Holiday-Campus Closed

Upcoming LCC Events December

Every Wednesday-English Writing Huddles 9:00am-9:50am in HU 213

Every Tuesday-ASB Meeting 12:15 pm-1:15 pm in HU 213

Cougar Cupboard Open Every Tue, Wed, Fri 10am-2pm.

Mon 12/02-Hot Chocolate & Candy Canes @ Center of Campus 8:30am-11am

Tue 12/03- Recycle Fest 7:30 am-12pm @ Circle. Managing Test-Taking and other Anxieties 3pm @ Basecamp

Wed 12/04-Blood Drive 10am-2:30pm @ Cafeteria. Festival of Lights @ Fairgrounds Decorating 5pm-7pm

Thur 12/05-File Your FAFSA Day 8am-8pm @ BaseCamp. Winter Wonderland Dance 7pm-10pm Cafeteria

Mon 12/09-Free Chair Massages 11am-3pm Summit Room @ BaseCamp

Tue 12/10-Coping With Stress Effectively 12:30am-1:30pm @ Learning Center

**Wed 12/11-Day Cougar Cooking 10am-1pm @ Board Room
After Dark 5:30pm-6:30 pm @ Dorm Kitchen**

Thur 12/12-Bagel Thursday 8:30am-11 am @ Center of Campus. Ugly Sweater Contest & Ornament Decorating 11:30am-1pm Cafeteria.

Fri 12/13-LCC Meetup Cookie & Holiday Card Decorating 5pm-7pm Dorm Rec. Room

Finals Week! Grab a Fortune Cookie and Enjoy the Inspiration.

