

Lassen Community College Course Outline

PSY-6 Abnormal Psychology

3.0 Units

I. Catalog Description

This course introduces the scientific study of psychopathology and atypical behaviors, broadly defined. Students investigate abnormal behavior from a variety of perspectives including biological, psychological, and sociocultural approaches. An integrative survey of theory and research in abnormal behavior, and intervention and prevention strategies for psychological disorders are also introduced. This course has been approved for correspondence, online and hybrid delivery.

Recommended Preparation: Successful completion of ENGL105 or equivalent multiple measures placement.

Transfer to CSU/UC

General Education Area: B

CSU GE Area: D9

IGETC GE Area: 4I

C-ID PSY 120

51 Hours Lecture, 102 Expected outside Class Hours, 153 Total Student Learning Hours

Scheduled: Fall, Spring

II. Coding Information

Repeatability: Not Repeatable

Grading Option: Graded only OR Pass/No Pass

Credit Type: Credit - Degree Applicable

TOP Code: 200100

III. Course Objectives

A. Course Student Learning Outcomes

Upon successful completion of this course, the student will:

1. Define and use basic biological and psychological terminology to describe psychopathology and atypical behavior and mental processes.
2. Compare and contrast the various theoretical perspectives on etiology and implications for treatment of various psychological disorders.

B. Course Objectives

Upon successful completion of this course, the student will:

1. Summarize the major disorder classifications and give concrete examples using appropriate diagnostic terminology (i.e., DSM).
2. Explain specific research methods and the ethical principles for the study and treatment of psychopathology

IV. Course Content

- A. Psychopathology and Mental Disorders: Historical, Cultural, Social, Scientific, and Ethical Considerations
- B. Issues in classification and diagnosis
 1. DSM-V (or current edition)
- C. Introduction to Clinical Assessment Procedures
- D. Research Methodology in Psychopathology

1. Descriptive, epidemiological, experimental and single-subject research designs
- E. Theories and Paradigms in Psychopathology
 1. Biological paradigm
 2. Psychodynamic paradigm
 3. Humanistic and existential paradigm
 4. Behavioral/learning paradigm
 5. Cognitive paradigm
- F. Psychological Disorders (characteristics, etiology, and treatment):
 1. Anxiety disorders
 2. Somatoform and Dissociative Disorders
 3. Mood Disorders
 4. Schizophrenia
 5. Substance-related Disorders
 6. Personality Disorders
 7. Sexual Dysfunctions and Gender Identity Disorders
 8. Disorders of Childhood and Adolescence
 9. Eating Disorders
- G. Outcomes and Issues of Psychological Intervention

V. Assignments

A. Appropriate Reading

To include standard college level text and journal articles relevant to abnormal behavior

B. Writing Assignments

To include understanding of course content on several written measures, including objective exams, short answer and essay exams, final research paper

C. Expected Outside Assignments

Analysis of readings in appropriate journals

D. Specific Assignments that Demonstrate Critical Thinking.

Recognizing credible sources, develop conceptual framework, recognize appropriate methodologies in research.

VI. Methods of Evaluation

Traditional Classroom Delivery

Objective Exams, Quizzes, Written Assignment/Project (interview of professional treating disorders or patient or family member dealing with disorder)

Online Delivery

A variety of methods will be used, such as: research papers, asynchronous and synchronous discussions (chat/forum), online quizzes and exams, postings to online website, and email communications, Written Assignment/Project (interview)

Hybrid Delivery

A combination of traditional classroom and online evaluations will be used, such as (1) Traditional Classroom: objective examinations and essay examinations and (2) Online delivery: online quizzes and exams, essay forum postings, chat rooms and written assignments/ Project (interview)

Correspondence Delivery

Same as face to face with the exception of the desired use of proctored exams and exclusion of participation in classroom activities. Students will be expected to complete

assignments and activities equivalent to in-class assignments and activities. Written correspondence and a minimum of six opportunities for feedback will be utilized to maintain effective communication between instructor and student.

VII. Methods of Delivery

Check those delivery methods for which, this course has been separately approved by the Curriculum/Academic Standards Committee.

Traditional Classroom Delivery Correspondence Delivery

Hybrid Delivery

Online Delivery

Traditional Classroom Instruction

Lecture, group discussion and selected audio visual materials

Online Delivery

A variety of methods will be used, such as asynchronous and synchronous discussions (chat/forum), online quizzes, web-links, lecture posts and online lectures, email communications

Hybrid Delivery

A combination of traditional classroom and online instruction will be utilized. Each semester 34 lecture hrs will be taught face-to face by the instructor and 17 lecture hours will be instructed online through the technology platform adopted by the District, currently Moodle. Traditional class instruction will consist of lectures, visual aids, and group presentations. Online delivery will consist of participation in forum-based discussions and posts, web links, email communications, lecture posts, and online lectures.

Correspondence Delivery

Assigned readings, instructor-generated typed handouts, typed lecture materials, exercises and assignments equal to face to face instructional delivery. Written correspondence and a minimum of six opportunities for feedback will be utilized to maintain effective communication between instructor and student.

VIII. Representative Texts and Supplies

Required:

Open Educational Resource text, student will be able to access book online or may request a printed copy from the book store for a fee.

Introduction to Abnormal Psychology

Link: <https://nobaproject.com/textbooks/new-textbook-7cae7b5f-b85a-46b7-aa0a-0cb72516e359>

IX. Discipline/s Assignment

Psychology

X. Course Status

Current Status: Active

Original Approval Date: 02/19/2013

Board Approval Date: 03/12/2013

Chancellor's Approval Date: 03/25/2013

Revised By: Sandra Beckwith

