

# **COUGAR HOT SHOTS**

**CO-ED CAMP AGES 12-18**

## **SPECIALIZING IN SHOOTING FUNDAMENTALS**

- \*SHOOTING POCKET/ALIGNMENT
- \*BALANCE AND FOOTWORK
- \*RELEASE POINT AND FOLLOW THROUGH
- \*MOVES FOR CREATING SPACE
- \*SCORING MOVES
- \*MOVING WITHOUT THE BALL
- \*SCORING OFF OF THE PICK AND ROLL

**COST: \$75**

**LOCATION: LASSEN COLLEGE GYM**

**DATE AND TIME: JULY 8-11 12:30PM-4:30PM**

**INCLUDES A BALL AND T-SHIRT**

