



THE PAW

The latest news and updates from LCC Student Ambassadors



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Congratulations from the Student Ambassadors

by Student Ambassador Team

Congratulations to LCC's class of 2019! We want to extend a big congratulations to all our upcoming graduates. You've put in the long hours to do well on tests and complete projects, you've gotten involved on campus and given back to your local communities, and you've hopefully made friendships and connections that will last a lifetime. Congratulations on your accomplishments. You did it!





LCC Meetups

From "Fill the Hill" at Coppervale, to celebrating Asian Pacific Islander Month, LCC Meetups mark the passage of time and lend a sense of continuity and community to life at LCC. The LCC Meetups were created by the Student Ambassadors to affect positive change and improve the student experience at LCC, and it's working. We as ambassadors have big plans for the upcoming Fall semester. We have enjoyed putting on these events and encourage all students to get involved and have fun at LCC. See you at the next LCC Meetup!

New Associate Dean of Student Services-Brady Reed



it would be a dog." She also discussed her love for the Bay Area and how she supports the San Francisco Giants and the San Jose Sharks. Brady looks forward to attending the numerous sporting events here at LCC and getting to know each and every student who attends this college. You can find Brady in her office located at Basecamp, and appointments can be made through Tara @ (530) 257-6181 x8946.

This week I had the privilege of interviewing our new Associate Dean of Student Services, Brady Reed. Her role here at LCC encompasses the overseeing of a range of the programs available to the student, these include; EOP&s, CalWorks, CARE and Kinship. Brady hopes to insure all the programs here at LCC are running smoothly and that she can bring her prior knowledge and experience of working at a rural community college here. She also hopes to bring other programs to Lassen such as TRIO, which will help benefit those students in need.

I asked Brady some very controversial questions like if she was a cat or dog person and to this she replied, "I have both a cat and a dog, but if I had to choose one

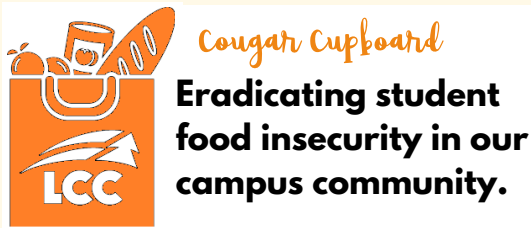
On behalf of the Student Ambassadors, I would like to welcome Brady Reed and wish her all the best in her new role as the Associate Dean of Student Services.

BootCamp 2019



LCC will be offering Bootcamp, a series of college success workshops, along with a free daily lunch following each session. Bootcamp is geared towards helping new and returning students discover what it takes to succeed in higher education and beyond. Please plan on attending Bootcamp - August 5th thru 16th from 11:30 AM to 12:30 PM. For more information, please contact Jennifer at (530) 257-6181 x8911

Cougar Roar



Thank you to all the students that completed the Cougar Cupboard (Food pantry) questionnaire at the Financial Aid free lunch and the group of students who attended the Cougar Cupboard focus group at Basecamp. The Cupboard was launched in 2017 to help students get through challenging times by offering supplemental food and hygiene supplies. Student suggestions and concerns are valued and help LCC in our efforts to continue to be successfully in tackling student food insecurities.

The Cougar Cupboard is a place students can come to once a month on Wednesdays from 10 AM to 2 PM for a bag of food. Students must show LCC student ID.

67% OF
COMMUNITY COLLEGE
STUDENTS ARE
FOOD INSECURE*

*HUNGRY AND HOMELESS IN COLLEGE:
RESULTS FROM A NATIONAL STUDY OF BASIC
NEEDS INSECURITY IN HIGHER EDUCATION



International Corner



There are a few weeks left until the semester ends and it's time to start packing our suitcases and preparing everything else for those that are going back home for summer break. The time to see your families and friends is coming soon. Make sure to bring your original I-20 and all your important documents you will need to come back to LCC in the fall semester. For the student-athletes that are transferring to a new university, make sure to check your eligibility and send your final transcripts to NAIA or NCAA. This is very important in order for you to play next season.

We hope that all of our international students will have lots of fun and enjoy the summer months with your friends and family. Celebrate with them all your successes from your hard work and dedication during this semester. Don't forget to relax a bit over your break! You just finished up a year of studying abroad in the United States. As an international student that can be pretty difficult and challenging, especially if it was your first year studying abroad. Make sure to have a productive summer, but also enjoy it--you deserve it!



Watch Out!

Fall semester 2019

**How to Access
Starfish Workshop**



Coming Soon-Starfish

What is Starfish?

Starfish Solutions is a retention solution program that helps to create an online student success environment, facilitating programs such as counseling and advising, tutoring, mentoring, and others--with the aim of improving student success and retention..

Designed for you- Get Pointed in the Right Direction!

You have already started down a path to success.

It may not be a smooth or easy road, but you can do it! The Starfish platform is a powerful tool for LCC to help you finish what you start.

Features of Starfish

- Ask for help--you don't have to wait for a problem to occur. Starfish will automatically route your need to the right person on campus to help you.
- Learn immediately when there's a concern about your academic performance or something else that is interfering with your studies.
- Quickly discover which support services are available to you, where they are, and how best to reach out to them.
- Schedule time online to meet with an advisor, tutor, instructor, financial aid, or any of the other people put in place to help you succeed.
- Receive notifications and reminders on the device you prefer.
- Learn the next steps to take to proceed in your academic path or to resolve a concern. Check in on your own progress as often as needed.
- Become inspired by the encouraging messages from the people who recognize your hard work.

Make a Financial Game Plan for College

Take some time to understand the financial ramifications of college, if you haven't already.

How much will college cost you? What will you owe when you leave? How are you going to pay for it? Gain an understanding of the different types of loans, grants, and other types of aid.

Create a budget based off what you have saved, your income, and your financial aid. Keep track of what you're spending and live cheaply. Take advantage of all the things LCC offers to alleviate costs-free food around campus, free access to computers and printers, tutoring to help you pass classes, free bus passes, free textbook lending library, discounts at local stores, student employment and more.

It's Never to Late to Fill out the FAFSA. There's Still Time, but it's Better to Act Soon!

The FAFSA (FREE Application for Federal Student Aid) opened Oct. 1, 2018, for the 2019-2020 school year, but it's not too late for students who haven't filed. Some Financial Aid is awarded on a first-come, first-served basis, or from programs with limited funds. To help save time, families can use the IRS Data Retrieval Tool, which can expedite the process by automatically syncing and populating tax return information into the FAFSA.

It's not too late to get college aid.



Coming Soon in Fall semester 2019

Workshops

Financial Planning for

College Students

CHALK OUT STIGMA PROJECT

On May 7th, LCC Ambassadors, students and staff could be seen drawing with chalk on the sidewalks surrounding the cafeteria and other campus buildings in an effort to Chalk Out Stigma. This project was about raising mental health awareness and reducing the stigma surrounding seeking help. Chalk Out Stigma is a project that was started by Active Minds several years ago. Active Minds is a nonprofit organization dedicated to raising mental health awareness among college students and was founded by a young woman who lost her brother to suicide in 2003. Stigma is perceived as something negative that can leave an individual feeling devalued. If someone is dealing with a mental health issue, stigma can leave them feeling ashamed and can prevent them from reaching out for help. Just starting the conversation about mental health can be a big step for helping others around you. After all, we know 1 in 4 college students have a diagnosable mental health disorder.

Mental Health awareness is about:

- Talking more openly about this subject
- Educating yourself-we are learning more every day
- Thinking about the language you use
- Respecting the difference between a true mental health disorder and personality quirks or behavior
- Focusing on personal strengths, not the illness



SAVE THE DATE! LASSEN FEST POOL PARTY AUG. 18TH, 11 AM TO 3 PM

Come join in the fun the day before classes start for the Fall semester. All new and returning students are welcome. This event offers a great opportunity for students to meet each other and attend a resource fair and enjoy food, games and music!



Upcoming Important Dates and Deadlines



June 3rd-Dorms open for Summer Check-in at 8 AM

June 5th-Registration fees for full-term Summer 2019 classes must be paid in full (or risk being dropped)

June 10th-Instruction begins for Summer 2019 Intersession

June 11th-Last day to add a full-term Summer 2019 course or drop and receive a refund

June 19th-Last day for students to withdraw from classes

July 19th-Last day for students to withdraw from classes (full-term 8 wk. only)

July 29th-Dorms open for Fall semester Check-in at 8 AM

August 2nd-Last Day of Summer Session

August 5th-16th-College Success Boot Camp

August 14th Registration fees for full-term Fall 2019 classes must be paid in full (or risk being dropped)

August 18th-Athletics Orientation, Lassen Fest/Pool Party at Susanville Pool

August 19th-First day of Instruction for Fall 2019

August 19th-23rd-WOW! Week of Welcome Activities

August 23rd-Last day for students to add full term classes

August 30th-Last day for students to add a full-term class with Instructor and Counselor approval

September 6th-Last day to drop a full-term Fall 2019 course and receive a refund

go COUGARS!



LCC STUDENT "BUCKET LIST"

Be college ready and success focused during your journey at LCC!

It's up to you to stay on track, get involved and seek support. LCC is here to help you succeed. We want students to make the most of their LCC experience!

by Student Ambassadors

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| 1 | GET FINANCIAL HELP-FASFA | 14 | COLLEGE SUCCESS WORKSHOPS |
| 2 | COMPLETE DORM APPLICATION | 15 | INSTRUCTOR OFFICE HOURS |
| 3 | COMPLETE ORIENTATION (BOOTCAMP) AUG. 5-16 | 16 | STAY INFORMED & CONNECTED |
| 4 | MAKE AN EDUCATION PLAN | 17 | GET INVOLVED ON CAMPUS |
| 5 | CAREER AND TRANSFER CENTER | 18 | GROWTH MIND SET |
| 6 | FREE TEXTBOOK LENDING-BORROW FOR ENTIRE SEMESTER WITHOUT COST | 19 | FIND YOUR STUDY SPACE |
| 7 | EXPLORE SUPPORT SERVICES-EOP&S, DSPS, FOSTER YOUTH, VETERANS/DEPENDENT BENEFITS | 20 | CREATE YOUR SUCCESS PLAN |
| 8 | CANVAS, PORTAL & STARFISH | 21 | COUGAR CUPBOARD-FOOD PANTRY |
| 9 | WORK STUDY & CAMPUS JOBS | 22 | CULTURAL HERITAGE EVENTS |
| 10 | ADD AND DROP DATES FOR CLASSES | 23 | MENTAL HEALTH AWARENESS |
| 11 | 15 TO FINISH | 24 | APPLY FOR SCHOLARSHIPS |
| 12 | SEEK TUTORING & SUPPORT | 25 | YOUR NEXT STEPS AFTER LCC |
| 13 | BAGEL THURSDAY | | |

Remember-It's up to you to stay on track, get involved and seek support.

LCC Moments 2018-2019



Cougar Pride!

LCC Moments 2018-2019



#LCCsuccess