PHYSICAL EDUCATION

Associate in Arts Degree
University Studies – Emphasis in Physical Education

Required Core Courses: 18 units   **Total Units:** 60 units

Course Number	Course Title	Fall	Spring	OER/ZTC
BIOL 21 and	Human Anatomy (L)	4	4	No
BIOL 22	Human Physiology (L)	4	4	No
or				
BIOL 25	Human Anatomy and Physiology I	4		No
BIOL 26	Human Anatomy and Physiology II		4	No
HLTH 2	Personal Health	3	3	No
HLTH 25	Understanding Nutrition	3	3	No
PE 15	Introduction to Kinesiology	3		No
PEAC 32D	Fitness Center	1	1	Yes

Required Activity Electives: 3 units from PE Electives

Course Number	Course Title	Fall	Spring	Summer	OER/ZTC
PEAC 2A	Men's Varsity Soccer	3			Yes
PEAC 2B	Pre-Season Skills and Conditioning for Soccer			0.5	Yes
PEAC 2C	Women's Varsity Soccer	3			Yes
PEAC 2D	Off-Season Skills and Conditioning for Soccer		1.5		Yes
PEAC 5A	Men's Varsity Basketball-Fall	2			Yes
PEAC 5A.02	Men's Varsity Basketball-Spring		1		Yes
PEAC 5B	Pre-Season Skills and Conditioning for Basketball	1.5			Yes
PEAC 5C	Women's Varsity Basketball-Fall	2			Yes
PEAC 5C.02	Women's Varsity Basketball-Spring		1		Yes
PEAC 5D	Off-Season Skills and Conditioning for Basketball		1		Yes
PEAC 6	Varsity Wrestling	3			Yes
PEAC 6B	Pre-Season Skills and Conditioning for Wrestling			0.5	Yes
PEAC 6D	Off-Season Skills and Conditioning for Wrestling		1.5		Yes
PEAC 7	Varsity Baseball		3		Yes
PEAC 7D	Off-Season Skills and Conditioning for Baseball	3			Yes
PEAC 9	Woman's Varsity Volleyball	3			Yes
PEAC 9B	Pre-Season Skills and Conditioning for Volleyball			0.5	Yes
PEAC 9D	Off-Season Skills and Conditioning for Volleyball		1.5		Yes
PEAC 10	Woman's Varsity Softball		3		Yes
PEAC 10D	Off-Season Skills and Conditioning for Softball	3			Yes
PEAC 16	Walking for Fitness	1			Yes
PEAC 34	Golf Skills	1	1		Yes
PEAC 44	Yoga		1		Yes

Complete CSU or IGETC General Education Requirements
Remaining units to total 60 units may be selected from electives course numbers 1-49

<u>See a counselor to prepare your educational plan with the latest scheduling information</u>.